Twelve 15 Neek 1 Morning Break Menu, Spring/Summer 2024

Weeks Starting:

19th Feb, 11th March, 15th April, 6th May, 3rd June, 24th June and 15th July



Monday

Option 1 **Cuban Chicken** Wrap and **Citrus Slaw**

£2.40

Option 2

Roasted Cauliflower. Broccoli, Pepper and Onion BBQ Base Pizza

£1.65

Option 3

Dirty Wedges with Cheese and Bacon

£2.40

Option 4

Sausage Roll

Tuesday

Option 1 **Indian Spiced Bacon** and Bean Pot with Sweet **Potato Soldiers** £2.20

Option 2 0 **Loaded Omelette. Maple Pulled** Squash, Tots £2.50

Option 3

BBQ Chicken Naan with Rainbow Slaw

£2.95

Option 4 Mozzarella, Tomato and Pesto Panini £2.85

Wednesday

Option 1

Proper Cornish Steak Slice £3.00

Option 2

> **Pulled Squash and Chickpea Yorkie Wrap with Tots** £2.95

> > Option 3

Katsu **Chicken Pot**

£2.75

Option 4

Sweet Potato and Cheese Whirl £1.80

Thursday

Option 1 **Cottage Pie Yorkie Wrap** with Tots

£2.60

Option 2 0 **Potato Crispers Topped with Indian Spiced**

> **Beans and Cheese** £2.20

> > Option 3

Thai Meatball **Baquette**

£3.15

Option 4 **Chicken Goujon** Wrap

£2.75

Friday

Option 1

Chicken BBQ

Wrap

£2.20

Option 2

Falafel and Houmous Pitta

£2.50

Option 3

Cheese & Tomato Flatbread with Mushrooms & Peppers

£2.20

0 Option 4

> **Mexican Spicy Bean Roll**

> > £2.70

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Pizzas, Wraps and Paninis

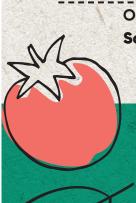
Fresh options every day

Daily offer includes:

Freshly filled baquettes and sandwiches A range of filled jacket potatoes, loaded taters A variety of fresh fruits, voghurt pots, pretzels, waffles, cakes, traybakes and muffins

Selection of **Pasta Pots** Available every day

√ Vegetarian







Twelve 15 Welle 18 2 Morning Break Menu, Spring/Summer 2024

Weeks Starting: 26th Feb, 18th March, 22nd April, 13th May, 10th June, 1st July and 22nd July



Monday

Option 1

Homemade Nachos with Chipotle Chicken and Salsa

£2.50

Option 2

Loaded Potato Skins with Veg Chilli, Cheese, Crispy Onions

£2.65

Option 3

Pepperoni Pizza

£2.20

Option 4

Vegan Sausage Roll

£1.65

Daily superfood and salad bar

Tuesday

Option 1

Cuban Chicken with Chimichurri Pizza

£2.20

Option 2

Loaded Taters, Guacamole, Sour Cream, Spring Onions, Roasted Peppers

£2.75

Option 3

Bacon and Hash Brown Wrap

£2.10

Option 4

Cheese & Ham Panini £2.95

£2.9:

Pizzas, Wraps

and Paninis

Fresh options

every day

Wednesday

Option 1

1/4 Pounder Cheeseburger

£2.85

Option 2

Southern Style Quorn Burger

£1.95

Option 3

Chicken and Black Bean Noodle Pot

£2.20

Option 4

Vegan Kofta Wrap, Tomato, Cucumber, Mint Yoghurt £2.85 **Thursday**

Option 1

Breakfast Burrito

£2.20

Option 2

Roasted Vegetable Pasta with Chickpea Pesto

£2.45

Option 3

Chicken Tikka Naan with Mango and Minted Yoghurt

£2.75

Option 4

Waffle Fries with Beans and Bacon

£1.75

Friday

Option 1

Bacon and Maple Syrup Waffles

£2.65

Option 2

Proper Cornish Cheese and Onion Slice

£2.75

Option 3

Piri-Piri Chicken
Flatbread with Roasted
Peppers and Sriracha

£2.45

Option 4

Sweet Chilli Chicken Wrap

£2.75

Daily offer includes:

Freshly filled baguettes and sandwiches

A range of filled jacket potatoes, loaded taters

A variety of fresh fruits, yoghurt pots, pretzels,
waffles, cakes, traybakes and muffins

Selection of Pasta Pots Available every day

√ Vegetarian



Twelve 15 Meek 3 Morning Break Menu, Spring/Summer 2024

Weeks Starting:

4th March, 25th March, 29th April, 20th May, 17th June and 8th July



Monday

Option 1

BBQ Pulled Pork Yorkie Wrap with **Rainbow Slaw**

£2.75

Option 2

Potato Cakes topped with Cheesy Sauce, Spring Onion and Crispy Crunch

£1.65

Option 3

Sausage, Bacon and **Roasted Red Onion Wrap**

£2.50

Option 4

Chicken Goujons Wrap

£2.75

Tuesday

Option 1

Jerk-a-licious Chicken Pot with Rice 'n' Peas and Caribbean Salsa

0

Option 2

£2.75

BBQ Boston Beans **Loaded Nachos**

£1.80

Option 3

Thai Vegan Meatball **Baquette**

£2.65

0

Option 4

Mexican Spicy Bean Roll

£2.70

Wednesday

Option 1

French Bread Roast Beef Pizza with Melted Onions. **Mushrooms and Cheese**

£2.75

Option 2

Vegan Sausage and Mash Pot with **Red Onion Jam Gravy**

£2.10

Option 3

Onion Bhaji Pitta, Mango **Chutney and Mint Yoghurt**

£2.65

Option 4

Pesto Chicken Panini £2.95

Thursday

Option 1

Spicy Sausage and Bean Quesadilla

£1.65

Option 2 0

> Cheese and **Tomato** Pizza

> > £1.65

Option 3

Ham and Cheese Bagel

£2.95

0

Option 4

Vegan 1/4 Pounder

£2.65

Friday

Option 1

Potato Tots with **Chipotle Chicken**

£2.85

Option 2

> Chef's Pizza

> > £2.65

Option 3

Fish Finger Wrap

£2.85

Option 4

Sausage Roll

£1.95

Daily superfood and salad

bar

and Paninis

every day

Pizzas, Wraps Fresh options

Daily offer includes:

Freshly filled baquettes and sandwiches A range of filled jacket potatoes, loaded taters A variety of fresh fruits, voghurt pots, pretzels, waffles, cakes, traybakes and muffins

Selection of **Pasta Pots** Available every day

Vegetarian

