**CYP HAVEN Virtual Service** 

Due to the advice given by HM Government and Public Health England to reduce social contact, the decision has been made to physically close the CYP Havens temporarily.

They are however offering a virtual service over the phone and each of the havens will have their phone on during the individual haven opening hours for young people to talk and access support. The number will not be available outside of those times.

Young people will be initially put through to a youth worker who will have an initial chat and may decide to take your details and ask a mental health professional to call you back.

Guildford 07379493941

Redhill 07846083539

Epsom 07771 231553

Staines 07377551744

## (THESE NUMBERS ARE SUBJECT TO CHANGE, PLEASE ALWAYS DIRECT YOUNG PEOPLE TO THE HOMEPAGE OF THE WEBSITE BEFORE THEY CALL).

Please note that although they are a crisis service, if young people are physically harmed or are not safe in their current surroundings, please call 999.

Please note: if young people are calling from a withheld number, they must leave a message with their name and number and someone will get back to them. Calls which do not display the phone number will not be answered.

Other sources of support can be found below:

In an emergency please call or text one of the following services:

- Childline: 0800 1111 <u>www.childline.org.uk</u>
- Samaritans: 116 123 www.samaritans.org
- Papyrus: 08000 684141 or you can text 07786 209697 <u>www.papyrus-uk.org</u>

 SHOUT: Text 85258 (24/7) <u>www.giveusashout.org</u> Extended HOPE via the Emergency Duty Team operates 5-11pm, 7 days a week and can be contacted on 01483 517898