



**YOUTH  
WITHOUT  
LIMITS**



## The Duke of Edinburgh (DofE)

*“Whoever you are, this is you and your friends sharing amazing experiences, having fun and just maybe changing your futures along the way.*

*DofE helps to turn the things you love and the things you’ve always wanted to try, into powerful lifelong skills that can help you get a job, change your community and take on anything life throws your way. And yes, there’s going to be a bit of camping involved.*

***Whatever you’re into, get into DofE.”***

*(extract from the DofE website)*



# Four Elements of the Bronze Award:

You achieve a Duke of Edinburgh Bronze Award by completing a personal programme of activities

Expedition	Physical	Skills	Volunteering
Plan, train & complete a 2-day, 1 night expedition	3 months	3 months	3 months
<i>All participants must undertake a <b>further</b> 3 months in either the Physical, Skills or Volunteering section.</i>			

**All elements of the Award link closely with Reigate School's core values**

# 1. Expedition



# Resilience & Friendship

- Training Day in March 2027 at the weekend
- Training Expedition in May 2027 – 2 days walking (around 10-15km per day), 1 night camping. Carrying your rucksack with clothes and equipment, navigating using map skills, led by a BXM instructor
- Actual Expedition in June 2027, a new route using all the skills you learned on the Training Expedition. Assessed for your Expedition section of the Award.



## 2. Physical



## Resilience

- Undertake a physical activity for an hour each week for 3 or 6 months
- It can be a sport you already do out of school, e.g. swimming, martial arts, dance, football
- **Or** a completely new one!

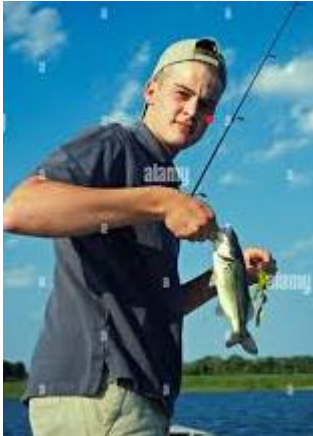


# 3. Skills



# Curiosity

- An opportunity to learn a new skill or develop an existing skill or talent
- Commit to an average of one hour per week over a 3 or 6 month period



```
if ( $this->rule_exists( $resource_details['id'], $role_details['id'] ) ) {  
    if ( $access == false ) {  
        // Remove the rule as there is currently no need for it  
        $details['access'] = false;  
        $this->sql->delete( 'acl_rules', $details );  
    } else {  
        // Update the rule with the new access value  
        $this->sql->update( 'acl_rules', array( 'access' => $access ) );  
    }  
}  
foreach( $this->rules as $key => $rule ) {  
    if ( $details['role_id'] == $rule['role_id'] && $details['access'] == false ) {  
        unset( $this->rules[ $key ] );  
    } else {  
        $this->rules[ $key ]['access'] = $access;  
    }  
}
```



# 4. Volunteering



# Respect & Kindness

- Take a voluntary role working for a local charity, organisation or club for 3 or 6 months
- Help & support children, adults or animals
- Give your time & energy to the local community



# Benefits of Duke of Edinburgh



- Builds your self confidence & resilience
- Develops your leadership & teamwork skills
- Challenges you & provides you with new experiences
- Enables you to learn new skills & new things about yourself
- Creates amazing memories with your friends
- Sets you apart with college & job applications

# Costs of DofE



- In order to enrol for the Bronze Award, the cost to you is around £270.
- We require a £50 deposit to sign up which will be made available on Scopay after you have submitted your application.
- What does the £270 cover?
  - The DofE registration fee
  - The cost of the DofE licence
  - Our expedition company BXM who lead all our DofE expeditions, and use of their tents, stoves and other equipment
- There may be financial help for some students, please contact the school if you believe you might qualify.

# So, what next?



- If you wish to be considered for DofE, then the first thing step is to write & submit a letter of application of around 250 words to us via reception or the staff room by **Friday 5<sup>th</sup> June 2026** which must include the following:
  - Why you want to do DofE
  - What skills and interests you have that will help on DofE
  - How doing the DofE will benefit you, e.g: becoming a prefect, building your confidence
  - What activities you do outside of school and how these will help you to successfully complete DofE
  - Any thoughts and ideas you might have for the activities of:
    - ❖ Physical
    - ❖ Skill
    - ❖ Voluntary

# Further information



- You can go onto the DofE website: <http://www.dofe.org/> & the DofE page on the Reigate School website [Reigate School - Duke of Edinburgh](#)
- Come and speak to Mrs Parsons in the hall at lunch time or Mrs Salisbury & Mrs Parsons in the staff room