

Nila



GREENSAND
MULTI ACADEMY TRUST





IMAGINE

An illustration featuring the word "IMAGINE" in large, dark blue, blocky capital letters. Five diverse students are interacting with the letters. A boy with red hair and a blue jacket is on the 'I', a boy with a backpack is on the 'M', a girl in a red shirt is on the 'I', and a girl in a blue dress is on the 'E'. A boy in a blue jacket is also visible behind the 'G'. Yellow arrows point towards the letters from above and below. At the bottom left, three more students (a girl in a yellow hijab, a boy in a blue jacket, and a girl in a red shirt) are looking towards the word.

A SCHOOL FREE
FROM BULLYING

BULLYING

Hilarious

Amusing

Insulting

Abusive



Funny

Silly

Harsh

Bullying

What is bullying?

Bullying can be defined as repeated, intentional behaviour by another person or group which is intended to hurt someone either emotionally or physically. The relationship involves an imbalance of power.



Bullying facts/stats

45% of young people experience bullying before the age of 18.

60% of people bullied because of appearance

30% said that bullying has had a huge impact on their social lives

38% said that bullying has had a huge impact on their self esteem

38% young people have had suicidal thoughts because of bullying

Kindness is Good for us

Scientific evidence has proven that kindness changes the brain, impacts the heart and immune system, and may even be an antidote to depression.

**DOING
GOOD
DOES YOU
GOOD**

Evidence shows that helping others can have a positive effect on your own mental health and wellbeing.



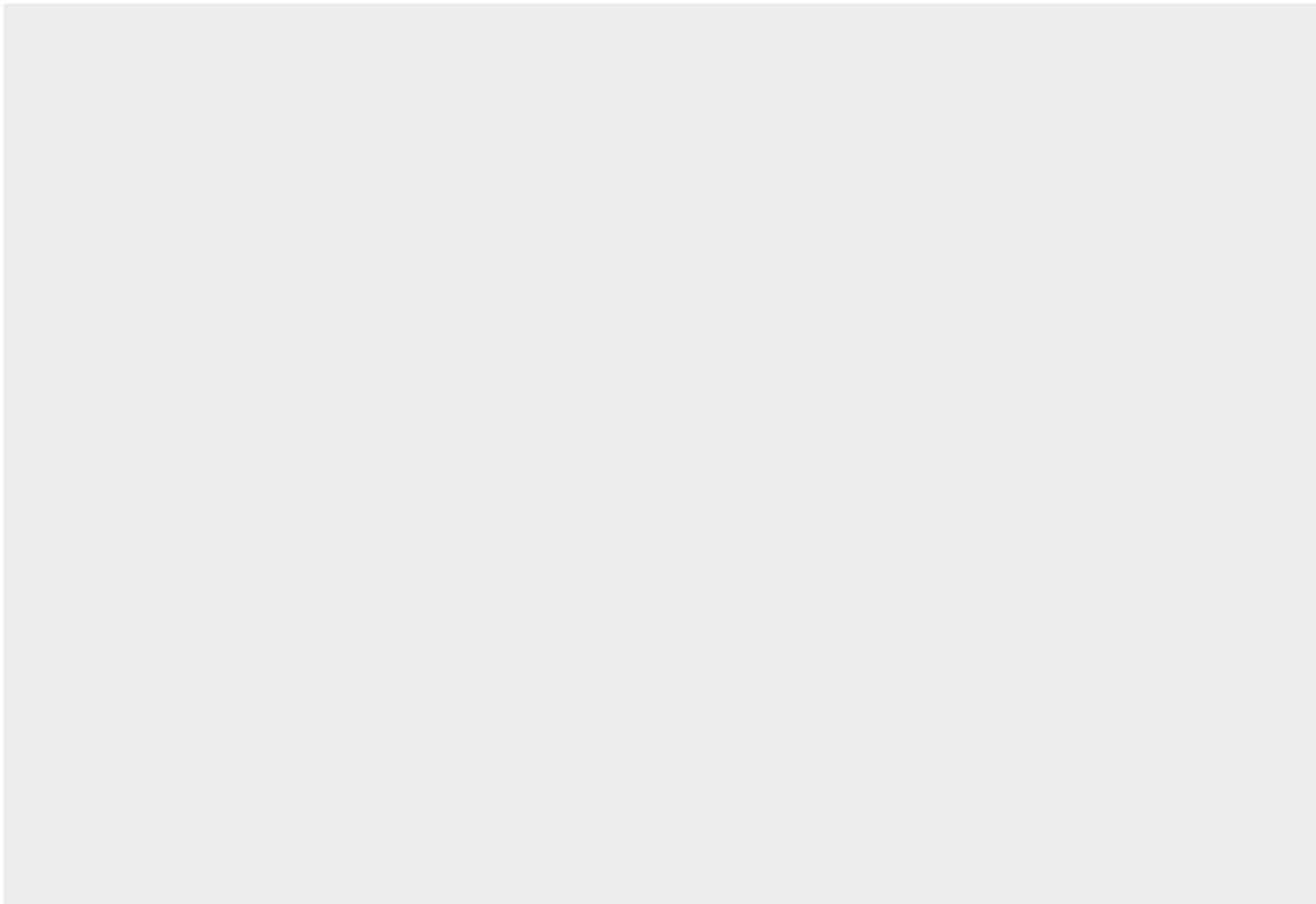
We are actually genetically wired to be kind. Kindness has evolved in us and thus its effects are felt daily throughout our nervous systems. When we're kind, our bodies are healthiest.



BUT PLANTS HAVE

FEELINGS TOO,

DON'T THEY?



**THIS PLANT
WAS BULLIED**



**THIS PLANT WAS
COMPLIMENTED**

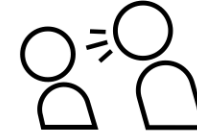


Types of bullying

PHYSICAL ABUSE



EMOTIONAL ABUSE



VERBAL ABUSE

SEXUAL ABUSE



RACIAL ABUSE



HOMOPHOBIC/BIPHOBIC/ TRANSPHOBIC ABUSE



CYBER ABUSE

‘DIFFERENCES’

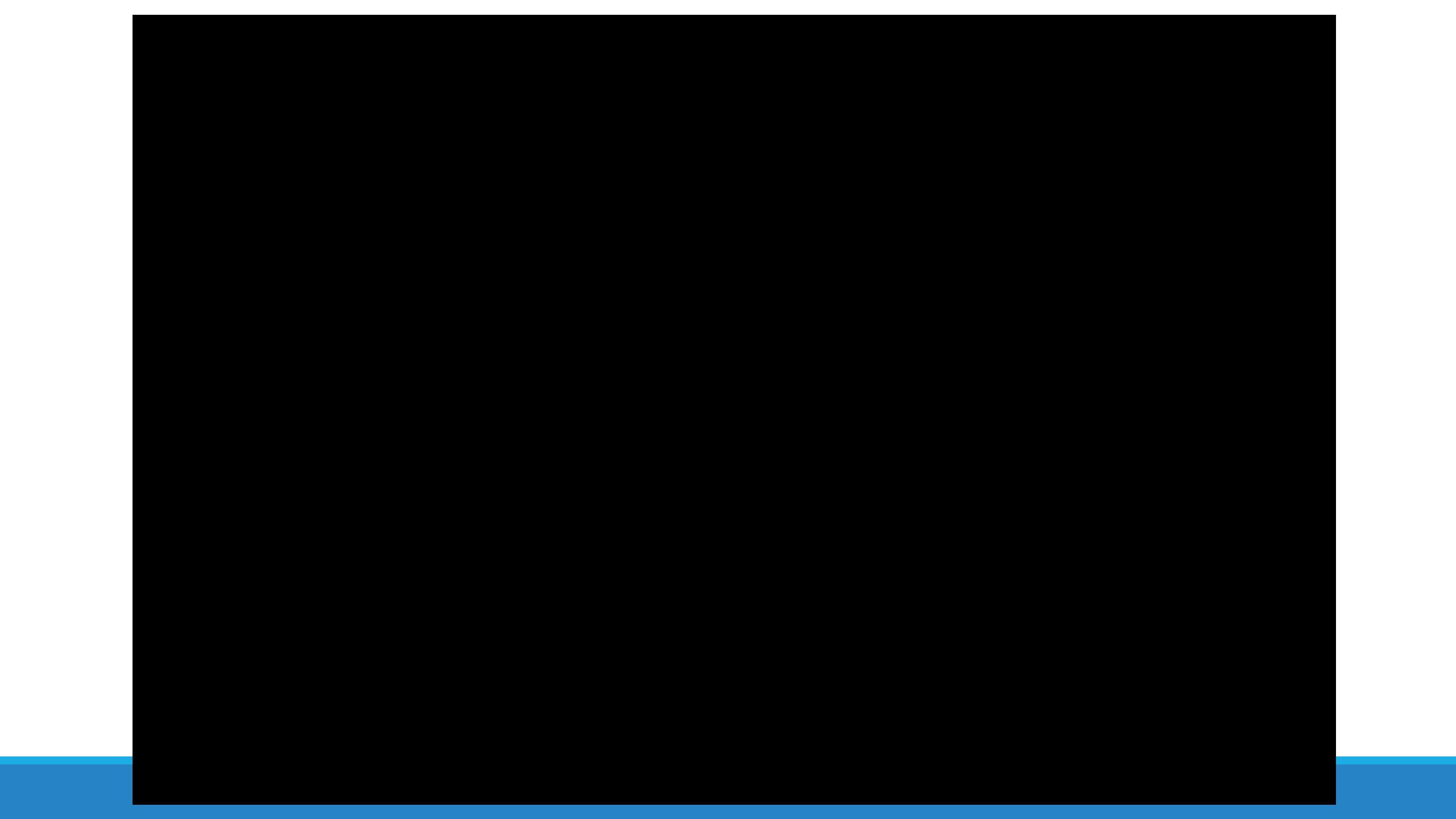
The BIG award & The Diana Award



- Student and Parent Questionnaire
- Focus Group - A focus group with staff, leadership, non-teaching staff, parents, governors and children/young people to discuss anti-bullying strategies
- Dedicated email address to support – school website
- Staff training
- Regular awareness raising activities
- Report abuse button on every desktop



- Training anti-bullying ambassadors (Years 7-10)
- Re-write our anti-bullying policy with you



All students, staff and parents have the right to feel safe in school

Nobody has the right to make others feel unhappy, or not want to come to school

We need to work together to make sure that bullying is something that isn't tolerated and doesn't happen here

We should ensure that we all treat each other with respect, kindness, courtesy and consideration

We cannot use the excuse of "its just a joke" or "its just banter"



**IF YOU WITNESS BULLYING OR
ARE BEING BULLIED YOURSELF
REPORT IT!**



YOU ARE NOT ALONE!



**TELL YOUR FRIENDS
TELL YOUR PARENTS
TELL OUR ANTI-BULLYING
AMBASSADORS**



**TELL YOUR TEACHERS
TELL YOUR TUTORS/HEADS OF
POPULATION/YEAR
EMAIL IN YOUR CONCERNS**



LETS MAKE A STAND!

