# **START**



Begin by rolling the

What's a hobby or skill that you would love to learn one day and what's holding you back from starting?

### **TIME TRAVEL**

If you could travel back in time four years and visit your younger self, what advice would you give?

Other than taking A levels, what other options are there for a 16 year old about to finish their

### **REFLECT** What **five**

words best

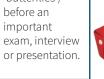
this week?

describe you

Can you think of a job that doesn't exist today, but might in the **future**?

#### Explain how Roll you might deal with nerves (or Again! 'butterflies') before an

important



What is an

### extra curricular activity? What extra curricular activities do you take- and what does this say about you?

## CAREER'S **OFFICE**

When do you feel a teen

becomes an adult? Why?

Do you think it's better to be

exceptional in one thing, or good at many things?

Is salary an important

What is your **favourite** 

and least favourite thing

about school and why?

What's your **favourite school** 

subject? Is your answer obvious

based on the things you choose to do outside of the classroom?

consideration when choosing a career?

Grab a drink or a small snack and get comfortable. What questions do you have today?

#### What is your greatest strength and give me some examples.

What brings you the most joy and happiness in life?

What is the hardest or most difficult job in the world and why?

Do you believe money can buy happiness? Why?

What's been your biggest accomplishment in life?

If you could grow up to be famous, what would vou want to be famous for?

# **LET'S GET TALKING**

GCSFs?

Suitable for children aged 14 - 16 years old



www.theparentsguideto.co.uk

### Talk about a time in your life you found challenging or difficult. How did you deal with it?

## **HEAD'S OFFICE**

Sell yourself! You have sixty seconds to tell the headteacher why you are a great student. If you 'umm' or 'errr' you must start again!

Have you passed or missed any chances or opportunities in school or life that you now regret?

What do you think are your weaknesses and what are you doing to try and improve vourself?

### **SKILLS**

Choose a school subject you are studying and identify three transferable skills you are developing.

What's your dream job and are there any barriers or obstacles preventing you from trying to make it a reality?

### FREEZE!

What does your body language say about you right now? Why is it important to be aware of your own body language?

What motivates vou or encourages you to work harder?

Jump ahead two spaces

Would you rather be a boss of a business or an employee and why?

### Do you have any examples?

Roll the die and match it to the number below, then talk about a time in your life when you used that skill.

- 4. Self motivation 2. Problem-solving 5. Decision-making

3. Time management 6. Creativity