



Reigate School



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NEWSLETTER

Friday 19th April 2024

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MESSAGE FROM THE HEADTEACHER

I hope you all enjoyed the Easter break. During the holidays there were three trips, Washington, Sports Tour and the New York trip. A fantastic time was had by children and staff on all the trips. The report on the Washington trip is in this week's newsletter and the report on New York and the Sports Tour will be in next week's newsletter.

The Year 11 GCSE MFL Speaking Exams are next week. We wish all the children the best of luck.

Have a great weekend

Mr Alexander

UPCOMING DATES

Monday 22 nd April	Year 11 GCSE MFL Speaking Exams
Tuesday 23 rd April	Year 11 GCSE MFL Speaking Exams
Wednesday 24 th April	Year 11 GCSE MFL Speaking Exams Year 7 Trip to the University of Surrey
Thursday 25 th April	Year 11 GCSE MFL Speaking Exams

SPOTLIGHT

YEAR 7

Well done to the Year 7 football team who have made it through to the District Cup Final which takes place this Monday.

YEAR 8

8SC did a fantastic job in English with their persuasive speeches! Bradley who has achieved a lot of achievement points and completed all work in lessons this week. Samar, Evie P, and Esmee for their effort in the Sparx Reader pilot.

YEAR 9

Lavender for showing the school values of kindness and friendship towards her friend. Freddie G for always being a polite and kind member of the form.

Alfie-John for the most achievement points this week. Cara for making a new starter feel welcome. Maisie H and Esme for offering to help a new starter. Sid for working really hard in Drama.

Faye for excellent work in lessons this week. Olivia D for consistent hard work in lessons. Daniel for hard work in History. Martha G for always trying her best.

YEAR 10

Well done and thank you to Jamila and India for all their efforts in setting up the photography exhibition. Well done to Isobel M for her efforts on her recent art coursework. Harry S in Year 10 for his focus and hard work in Maths.

YEAR 11

Luca for excellent effort with Travel and Tourism revision.

SPECIAL MENTION

Well done to everyone who entered the House photography competition last term. There will be an exhibition in the library next week where the winners will be announced! We look forward to sharing the photographs in next week's newsletter.



WASHINGTON TRIP

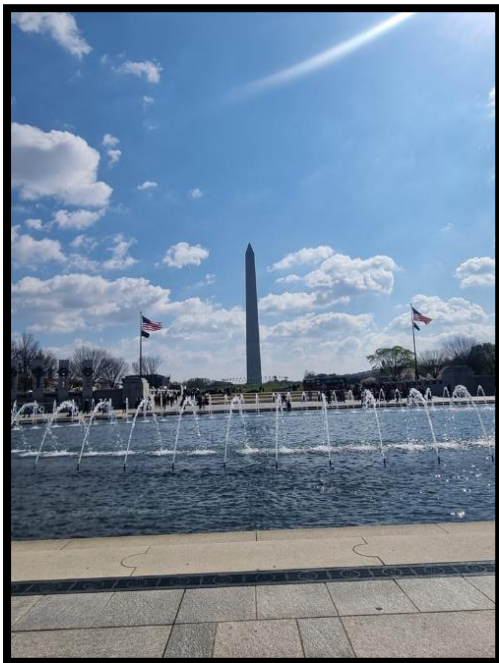
During our trip in Washington DC we learnt not only about the history of American Civil Rights (our current topic), but also about the culture of Washington as a city. On the very first night we went to a locally-renowned restaurant. It gave us a really good and early insight into the history of Washington DC and the owner made links to civil rights in his captivating talk. This helped us throughout the trip, and we were all pointing out things he'd mentioned. We went all over the capital and enjoyed every moment of it. It was a very helpful and insightful trip from the Museum of American History to the top of the Capitol building and makes our topic feel much more alive and almost engages a personal connection, seeing the exact stools they sat on during the sit ins and being in the exact spot Martin Luther King Jr. gave his "I have a dream" speech - *Joseph*

Visiting America wasn't something that I thought I would be doing when I took the History course, but that's what ended up happening. When offered, I jumped at the opportunity, despite the short time we were there, but to stand where American Presidents, especially ones who frequent the course, have themselves once stood is not something to pass up. The trip itself met, then exceeded my expectations. The history associated with every monument and memorial was omnipresent in all our minds, whilst immersion in American culture was something that will continue to be remembered forever. Overall, this trip granted us amazing new experiences, as well as putting a whole new spin on what is normally just talked about in a classroom and is highly recommended - *Henry*

I enjoyed many things on the Washington trip such as the Korean and Vietnam memorials, the towering Washington Monument and the incredible museum containing the counter from the Greensboro sit in's. However, one thing that stuck out was the Capitol building, specifically the statues inside. Before entering, you were greeted by armed guards and airport-like security. Inside the building we were given a guided tour around the buildings set of grand rooms containing many statues donated by the different states. The ones that caught our attention were the Rosa Parks statue, made out of a browner stone, standing out between the rest as well as the MLK statue which was strangely a bust rather than a full body statue like its counterparts. Further along the tour, we stepped into an even larger room which had a large painting of Washington himself on the Ceiling as well as a painting made to look like a carving of American history encircling the upper wall. We really enjoyed our time in Washington and we are thankful that we got this amazing opportunity - *Joshua*



WASHINGTON TRIP (CONT.)



YEAR 7 HOUSE PHOTOGRAPHY COMPETITION

Last half term, the Year 7s went on a history trip to Canterbury Cathedral. They were invited to take part in a photography competition, to take photos of the cathedral and its surroundings. Every entrant did a fabulous job capturing the drama and beauty of the building, and its stunning architecture, beautiful stained glass and picturesque grounds. It was really tough to choose a winner! Here are the runners up:

Ralph – for his brilliant and beautiful picture of the cathedral's stained glass

Annabel – for her beautifully framed photo of an altar

Samuel – for his dramatic photos of the exterior

The winner is:

Mabel - for her photo capturing how gorgeous and imposing the cathedral is.

Thank you to everyone who took part!

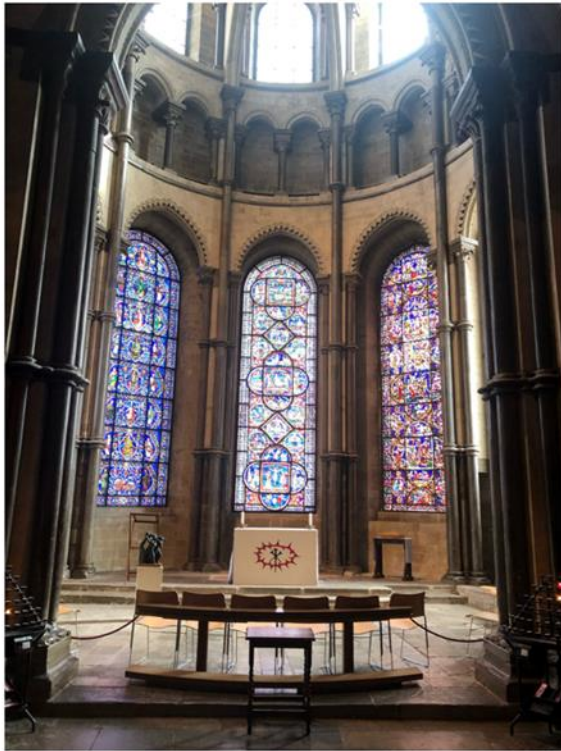
Winner – Mabel



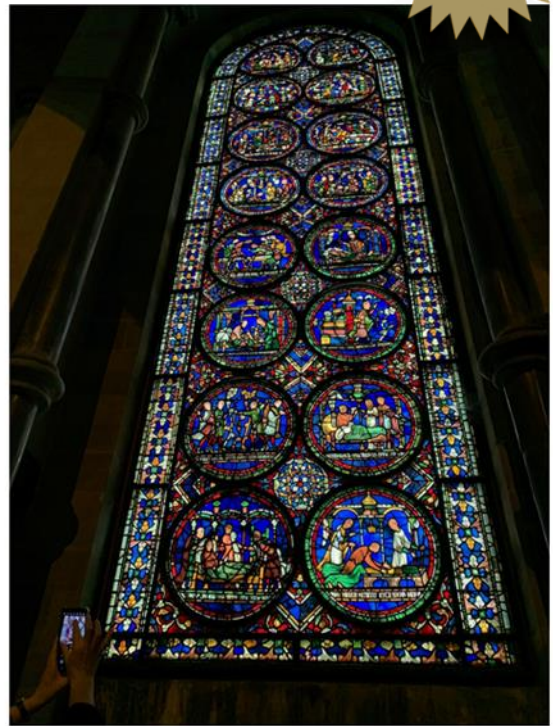
Runner up – Samuel



Runner up - Annabel



Runner up - Ralph



We would like to share with you what your child is learning in Life Skills in the first half of the Summer term.

There are three Themes in Life Skills, and each appear twice in an academic year.

Theme 1: *Health and Wellbeing*

Theme 2: *Living in the wider world*

Theme 3: *Relationships*

The **Theme** in Summer 1 is: *Relationships*

Year 7

The **Topic** is: *Building Relationships*

The **Lessons** are;

1. How to develop self-worth and self-efficacy
2. Qualities and behaviours of different types of positive relationships
3. How to recognise unhealthy relationships
4. How to recognise and challenge media stereotypes
5. How to evaluate expectations for romantic relationships
6. Consent and how to seek and assertively communicate it

Year 8

The **Topic** is: *Identity and Relationships*

The **Lessons** are;

1. The qualities of a positive healthy relationship
2. Gender Identity and sexual orientation
3. Consent: Law, morality and effective communication
4. Basic forms of contraception; condom and pill
5. Forming new partnerships and developing relationships
6. The risk of sexting and how to manage requests and pressure to send an image

Year 9

The **Topic** is: *Intimate Relationships*

The **Lessons** are;

1. The relationship between physical and mental health
2. Balancing work, leisure, exercise and sleep
3. How to make informed health eating choices
4. How to manage influences on body image
5. How to make independent health choices
6. How to take responsibility for physical health including cancer self-examination

Year 10

The **Topic** is: *Extremism and Radicalisation*

The **Lessons** are;

1. Valuing Diversity
2. Preventing Extremism
3. Radicalisation

Year 11

The **Topic** is: *Families*

The **Lessons** are;

1. Different types of families and changing family structures
2. How to evaluate readiness for parenthood and positive parenting qualities
3. Fertility and how it varies and changes
4. Pregnancy, birth and miscarriage
5. Unplanned pregnancy options including abortion, adoption and fostering
6. How to manage loss grief and bereavement
7. Honour based violence, forced marriage and how to safely access support

HOUSE POINTS

Attenborough	57928	4TH
Curie	60367	1ST
Parkes	58266	3RD
Turing	58278	2ND

YEAR 7 FOOTBALL

On Thursday 17th April, Warlingham School's under 12's came to Reigate school to play in the semi-final of the football District Cup. Reigate School is the only school to beat Warlingham this season 4-3 so we knew that it was going to be a really tough game.

From the start the Reigate were really positive and came flying out of the blocks from the kick-off. Within the first 5 minutes Reigate drew first blood and Josh scored the first goal through some very dynamic team football from Reigate. Great start! A couple of minutes later Euan had an opportunity but unfortunately put the ball just wide of the Warlingham goal. Warlingham immediately responded with an attack on our goal but Ayman was equal to it making a solid save. Moments later Warlingham had another opportunity but once again Ayman was equal to it making another great save. After 15 minutes Daniel was subbed off through a knee injury and Zach came on at right back. Another attacking opportunity saw Hunter with the ball through on goal but unfortunately hit the ball over the bar.

The game continued from end to end with opportunities being created by both teams. A goalmouth scramble on 20 minutes saw Daniel fouled in the Warlingham penalty area and therefore a penalty was awarded to Reigate. Edward stepped up to take it but a great save by the Warlingham goalkeeper kept the score at 1-0 which took the game into half-time.

The second half saw Warlingham start strongly where Ayman was kept very busy in the Reigate goal making several excellent saves to keep Reigate at 1-0. Warlingham had a couple of free kicks awarded through Reigate fouls but Warlingham were unable to find the back of the net. The Reigate resolve remained strong.

The match continued with a lot of Warlingham pressure but with a swift transition from defence to attack saw some individual brilliance from Oliver U who beat a defender and kicked the ball into the roof of the net. 2-0 Reigate. Warlingham immediately responded moments later and scored a really strong header from a great cross which put the score line at 2-1. Game on!

With only minutes to go there was a lot of pressure from Warlingham looking to equalise and take the game into extra time. However, Reigate remained firm and defiant to hold on and claim a 2-1 victory. Reigate showed excellent resilience and resolve in order to do the double over Warlingham and claim a spot in the District Cup final. Reigate School is the only team to beat Warlingham this season - great achievement!

This was an excellent performance from the boys and a superb result which sets up a very exciting end of season finale.

Squad: Ayman, Euan, Daniel L, Daniel C, Josh, Oliver S, Oliver U, Hunter, Edward, Zach

Thank you to Mr Mahoney for refereeing.

Mr Simmonds - Dance

YEAR 7 DISTRICT CUP FINAL



Congratulations to the Year 7 Football Team who have reached the District Cup Final. The final will be taking place on Monday at Reigate School against Oakwood School. Good Luck Year 7!

CAREERS

There is a comprehensive careers section on the Reigate School website.

[Careers | Reigate School \(reigate-school.surrey.sch.uk\)](#)

In the CEIAG - Careers, Education, Information, Advice and Guidance section you will find our termly career plan which details what CEIAG each year group receives throughout the academic year. Our careers policy and provider access policy can be found in the same section.

The careers section also includes information on the labour market, apprenticeships and apprenticeship vacancies. The section for parents and carers contains guides to post 16 options, the new T level qualifications and apprenticeships.

In the "Options at post 16" section, there are links to the local colleges where you can register for their open events.

[FURTHER EDUCATION COLLEGES OPEN EVENTS 23-24.pdf \(reigate-school.surrey.sch.uk\)](#)

The website contains much information, which I hope you and your children will find useful.

Below are some other very useful websites which have plenty of information regarding further education, apprenticeships and careers choices plus interview techniques and many other tips. Our library has many resources within the Careers section which the children are welcome to use.

When using the Morrisby platform please use the Reigate School Code when signing up: MC94232M



www.barclayslifeskills.com

www.apprenticeships.org.uk

www.allaboutschooleavers.co.uk

www.icould.com



www.morrisby.com

COMING UP IN CAREERS

29 th April – 3 rd May	All Years - Morrisby Careers Assemblies
29 th April – 3 rd May	All Years - Morrisby Careers follow up tutor time activities
15 th July	Year 9 – Elite Skills Army Day
16 th July	Year 8 – Inspirational Learning Group – JCB Machine of the Future
17 th Jul	Year 9 – Enterprise Day (Adam Corbally from "The Apprentice")
15 th July – 18 th July	Year 10 – Work Experience



SAFEGUARDING AT REIGATE SCHOOL

We recognise our moral and statutory responsibility to safeguard and promote the welfare of all children. Reigate School makes every effort to provide a Ready, Respectful and Safe environment in which children feel secure, valued and respected. If a child has any worries or needs some support at any time, we encourage them to speak to their pastoral team or any member of the safeguarding team in the first instance.



Please visit the school website <https://www.reigate-school.surrey.sch.uk/> to access our safeguarding pages for guidance, support and signposting information. We have a comprehensive outline of our Reigate School Early Help offer, which is designed to help families access key services when support is first needed.

If you have any concerns, questions or would like advice surrounding any aspect of safeguarding please contact the school and ask to speak to a member of the safeguarding team or email dsl@reigate-school.surrey.sch.uk

SAFEGUARDING – ONLINE SAFETY

The internet is a wonderful resource, however ensuring children know how to use the internet safely is vitally important. Please visit the school website E-Safety page using the link below to access important signposting information designed to inform parents and carers about online safety and how to best support your child at home.



Education from
the National
Crime Agency

E-Safety: <https://www.reigate-school.surrey.sch.uk/safeguarding/esafety>

The following resource from Childnet has been created to help a parent/ carer and child to have a conversation together about life online. <https://www.childnet.com/wp-content/uploads/2022/05/My-Life-Online.pdf>

County Lines and Online Grooming - Part 1

What is County Lines?

County Lines is a method of drug dealing by organised criminal groups (OCGs). These groups typically involve the movement of drugs from large cities in England to market and coastal towns and villages around the UK. They aim to establish new operations in these places.

County Lines is also a form of criminal exploitation that typically relies on older gang members grooming children from inner city areas. However, research from The Commission on Young Lives found that criminals also groom children from “suburban and middle-class England.”

The gangs spot vulnerabilities and target these children to transport the drugs and money and manage the operation at the dispersed locations. It's at these locations that further exploitation of local children follows.

The 'lines' are the dedicated mobile phone numbers that the OCG uses to manage the movement and selling of drugs.

How might a child be vulnerable to County Lines?

Money-making prospects or earning respect may entice children into County Lines. Additionally, their peers and social media may glamorise the drug-dealing lifestyle. However, many are identified as vulnerable and groomed in the real world or online by OCGs.

Groomers exploit children who exhibit low self-esteem and a need for identity, belonging and purpose. Or a child might demonstrate real world or online risk-taking behaviour. Some children are more at risk because of these additional vulnerabilities:

- adverse childhood experiences (ACEs)
- school non-attendance or exclusion
- a physical or learning disability
- going missing from home
- being in the care system

Groomers also exploit children's use of the internet. For instance, they may frequent the same online social media groups and messaging apps that children use to explore their sexuality, understand the changes associated with adolescence or seek help with emotional or mental health issues.

Therefore, groomers look for children with high levels of internet use and low levels of adult supervision.

Next week there will be further information on how children are specifically targeted online via social media, video games and other technologies.

Please visit the school website [Safeguarding Online Safety page](#) for more information and if you are worried about your child being involved in County Lines or being groomed online we advise you report the matter directly to the Police (101) and speak to the school Safeguarding Team.

Twelve 15 Week 2

Morning Break Menu, Spring/Summer 2024

Weeks Starting:
26th Feb, 18th March,
22nd April, 13th May, 10th June,
1st July and 22nd July



Monday

- Option 1
Homemade Nachos with Chipotle Chicken and Salsa
£2.50

- Option 2
Loaded Potato Skins with Veg Chilli, Cheese, Crispy Onions
£2.65

- Option 3
Pepperoni Pizza
£2.20

- Option 4
Vegan Sausage Roll
£1.65

Tuesday

- Option 1
Cuban Chicken with Chimichurri Pizza
£2.20

- Option 2
Loaded Taters, Guacamole, Sour Cream, Spring Onions, Roasted Peppers
£2.75

- Option 3
Bacon and Hash Brown Wrap
£2.10

- Option 4
Cheese & Ham Panini
£2.95

Wednesday

- Option 1
1/4 Pounder Cheeseburger
£2.85

- Option 2
Southern Style Quorn Burger
£1.95

- Option 3
Chicken and Black Bean Noodle Pot
£2.20

- Option 4
Vegan Kofta Wrap, Tomato, Cucumber, Mint Yoghurt
£2.85

Thursday

- Option 1
Breakfast Burrito
£2.20

- Option 2
Roasted Vegetable Pasta with Chickpea Pesto
£2.45

- Option 3
Chicken Tikka Naan with Mango and Minted Yoghurt
£2.75

- Option 4
Waffle Fries with Beans and Bacon
£1.75

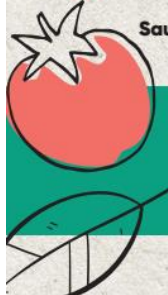
Friday

- Option 1
Bacon and Maple Syrup Waffles
£2.65

- Option 2
Proper Cornish Cheese and Onion Slice
£2.75

- Option 3
Piri-Piri Chicken Flatbread with Roasted Peppers and Sriracha
£2.45

- Option 4
Sweet Chilli Chicken Wrap
£2.75



Daily
superfood
and salad
bar

**Pizzas, Wraps
and Paninis**
Fresh options
every day



Daily offer includes:
Freshly filled baguettes and sandwiches
A range of filled jacket potatoes, loaded taters
A variety of fresh fruits, yoghurt pots, pretzels,
waffles, cakes, traybakes and muffins

**Selection of
Pasta Pots**
Available
every day



Vegetarian

Twelve 15 Week 2

Lunch Menu, Spring/Summer 2024

Weeks Starting:
26th Feb, 18th March, \ 22nd April, 13th May, 10th June,
1st July and 22nd July



Monday

Traditional Favourites

- Option 1
Minced Lamb Hot Pot Pie

- Option 2
Vegetarian Veggie Haggerty Pie

- Sides
Mashed Potatoes, Carrots, Green Beans

- Dessert
Carrot Sponge with Vanilla Custard

Tuesday

Street Food Market

- Option 1
Suya African Spiced Chicken

- Option 2
Vegetarian Vegan Meatball Tagine

- Sides
Jollof Rice, African Slaw

- Dessert
Eton Mess Sponge

Wednesday

Great British Roast

- Option 1
Roast Chicken with Stuffing

- Option 2
Vegetarian Leek and Courgette Crumble

- Sides
Roast Potatoes, Green Beans, Carrot and Swede Mash, Gravy

- Dessert
Forest Fruit Cobbler

Thursday

World Food Cuisine

- Option 1
Beef Bolognese Pasta with Garlic Bread

- Option 2
Vegetarian Kerala Spinach and Butternut Squash Curry

- Sides
Rice, Peas, Sweetcorn

- Dessert
Tropical Fruit Salad

Friday

Fantastic Fish Friday

- Option 1
Harry Ramsden's Fish in Batter

- Option 2
Vegetarian Quarter Pounder with Tomato Relish

- Sides
Chips, Mushy Peas, Chip Shop Curry Sauce

- Dessert
Chocolate Fudge Pudding with Whipped Vanilla Cream



Daily
superfood
and salad
bar

**Pizzas, Wraps
and Paninis**
Fresh options
every day



MEAL DEAL ONLY £2.75
includes Main/Side/Dessert

**Selection of
Pasta Pots**
Available
every day



Vegetarian

NOTICES

YMCA FUN RUN



Funded Fun Run Places

The YMCA Fun Run & Sports Festival is back in Reigate's Priory Park on Sunday 5th May! Reigate & Banstead Borough Council are funding up to 100 adult or junior Fun Run places for families in receipt of means-tested benefits. If you would like to apply, please email leisure.services@reigate-banstead.gov.uk with proof of means-tested benefit entitlement e.g. latest universal credit award or child benefit letter and proof of residency e.g. utility bill or bank statement and the number of adult or junior places you would like.

For more info about the event visit <https://www.ymcaeastssurrey.org.uk/get-involved/challenge-events/fun-run/>

NOTICES

COMMUNITY FOOTBALL RETURNS TO WHITEBUSHES



Come on down and
join us for
FREE
fun football sessions
with Redhill FC

DATES

- All sessions on Saturdays
- From 12:30pm till 1.30pm
- Starting 27 April 2024
- Ages 9 - 14 - all welcome!

LOCATION

Football Pitch,
Whitebushes Common,
Redhill

ABOUT US

Redhill FC, supported by Reigate & Banstead BC, Raven Housing Trust and Growing Health Together Redhill, is starting FREE community football sessions for local youngsters who enjoy having fun! We will be providing FREE snacks, kit and rewards.

Details to register are to follow. In the meantime for more information please call Charlie Griswood on 07825 351472.



The free sessions are available to children who live in the following postcodes - RH1 5AZ; RH1 5BL; RH1 5LB; RH1 5LD; RH1 5LR; RH1 5LS; RH1 5LT; RH1 5SL; RH1 5SG; RH1 5SH; RH1 5SJ; RH1 5SN; RH1 5SP; RH1 5SR; RH1 5SW