

Reigate School

Issue No: 213

NEWSLETTER

Friday 7th May 2021



Follow us on twitter @Reigate School
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MESSAGE FROM THE HEAD OF SCHOOL

Next week is Mental Health Awareness Week (10th -16th May). In this newsletter are some tips on connecting with nature to improve and maintain mental health and wellbeing.

On Tuesday is the Year 8 SEN parents' and carers' evening and the Year 9 RSE parent and carer webinar. The second assessment week for the Year 11s starts on Friday 14th May.

Stay safe and well.

Mr Alexander

SPOTLIGHT

YEAR 7

Jamie Riley for his outstanding effort and enthusiasm in his Enhanced English lessons.

Ewan Kennedy for his great help in supporting his peer to get around school during the last two weeks.

YEAR 8

Alfie Lodge for great attitude across a number of lessons and consistently helping to clean and tidy away desks.

YEAR 9

Leian Wye for being supportive to a friend.

YEAR 10

A number of children in Year 10 took part in a practice Duke of Edinburgh expedition last weekend. They were all excellent and showed brilliant skills in navigating and map reading. It was also a great opportunity for the children as they were able to spend the Saturday night camping at Henfold Lakes campsite. Mr Hawkins and Mr Brown would like to congratulate all the children on their effort and wish them the very best on their actual expedition in two weeks' time.

YEAR 11

Hannah Ruffle and Jessica Cooper for their outstanding ability in Dance.

Beatrice Houghton and Reece Long for their fantastic achievements in Maths over the past year.

Ashleigh Norman and Hafsa Akhtar for their outstanding efforts over the last five years.

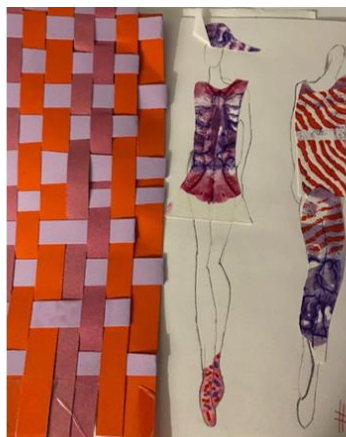


YEAR 8 ART

In our Year 8 Art lessons we have been busy exploring textiles. Here are some fantastic examples from 8SB. Here you can see a range of experimental samples including tie dye and weaving techniques. Well done everyone!



Afua



Alicia



Yaseen



Ed



Joe

Daisy



Owen



Chloe





Frankie



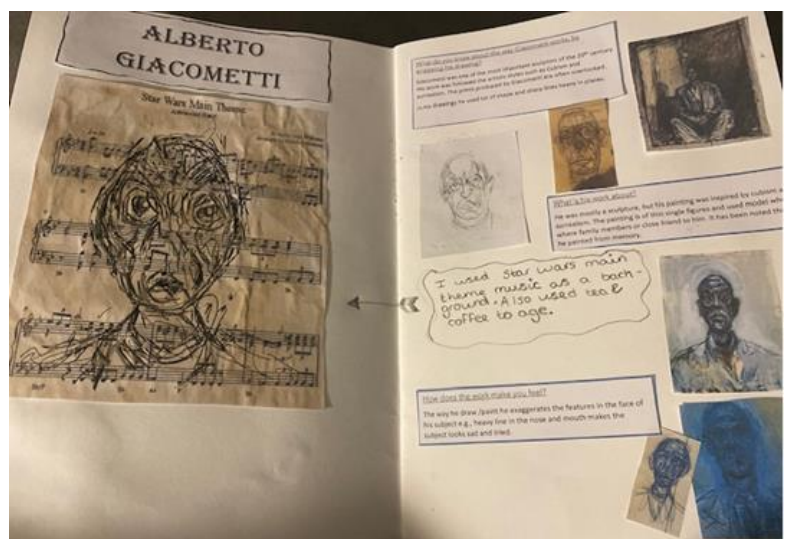
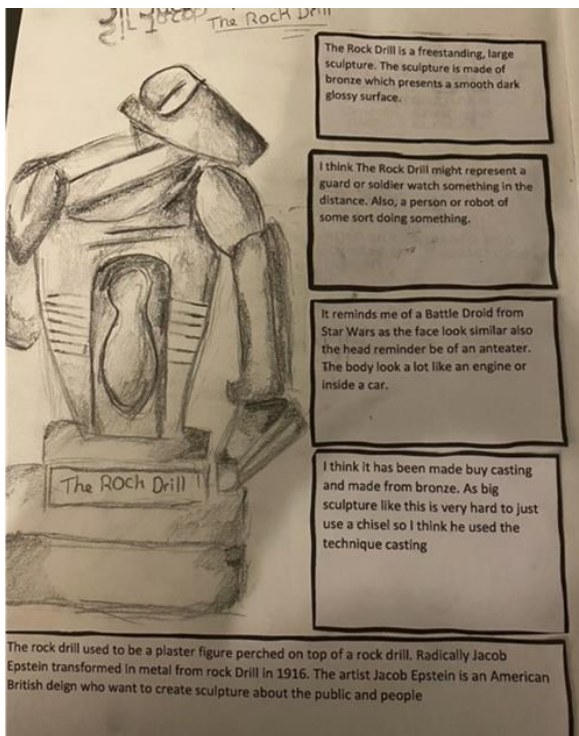
Evie

Eve

ARTIST OF THE WEEK

NATASHA ATHERFOLD

Natasha has been working really hard on her Art independent study. She has produced two very strong artist research pages, carefully planning her sketchbook page layouts and investigating the artists in depth. Well done Natasha!



PSHE DROP DOWN WORKSHOPS

Our brand new, comprehensive Personal, Social, Health and Economic (PSHE) education programme, that launched in September, has been received positively by many children across all year groups and the dedicated team of Lifeskills staff delivering this bespoke provision.

To ensure our children receive a broad and balanced curriculum additional workshops are scheduled, for a full day this year, to supplement some key topic areas to include: drugs and alcohol, extremism, gang/knife crime and relationships and sex education (RSE*). These workshops will be in line with Government guidance, led by experienced, credible, external speakers and tailored to the needs of all children. Resources and workshop discussions will be age and developmentally appropriate. Workshops are planned to be delivered in person but if government restrictions don't allow for this, the sessions will go ahead remotely through a live presentation.

Prior to the workshops, the speakers leading them will host a parent webinar for you to join where you will learn more about the content of each workshop and have the opportunity to ask any questions. **We will send webinar sign-up details nearer the time.**

Drop down workshops – parent webinars

RSE*:

Led virtually by Amelia Jenkinson - Co-Founder & CEO, School of Sexuality Education

Drugs/Alcohol:

Led virtually by Fiona Spargo-Mabbs – Founder, Daniel Spargo Mabbs Foundation

Drop down workshops/parent webinars – dates for your diary

Year 7	Friday, 18th June, 2021 Children to arrive to school and register as normal	RSE Parent webinar: Monday, 14 th June 2021 Drugs Parent webinar: Tuesday, 8 th June 2021
Year 9	Thursday, 13th May, 2021 Children to arrive to school and register as normal	RSE Parent webinar: Tuesday, 11 th May 2021

*From September 2020, it became a statutory requirement for schools to deliver Relationships, Health and Sex education (RSE) and this is planned as part of our PSHE curriculum but also across subjects such as Science and Physical Education (PE). You can read more about what RSE is and your rights as a parent in the Government guidance leaflet. You can also read our updated policies on both PSHE and RSE on our website.

GCSE HISTORY REVISION

A Reigate History GCSE Quizlet has been created for Years 9,10 and 11 so they can use this regularly to revise knowledge for GCSE topics. Please use the link below to access the Quizlet.

<https://quizlet.com/join/9nFTm9MwZ>



VOCAB EXPRESS

Vocab Express is an online package that aims to help children learn vocabulary independently for French and Spanish. The children are motivated to compete by a points-based system. All the vocabulary on the website is from the AQA exam board word list and could potentially appear on their GCSE exam papers. The children have been given usernames and passwords by their class teachers.



Modern Foreign Languages Department

30th April – 7th May Challenge – Congratulations to the following children:

Year 7	Year 8	Year 9	Year 10	Year 11
Elissia Reynolds 12,280 Sophia Caldwell 7,380 Joanna Frampton 4,415 Hermione Berrett-Carter 4,200 Toby Bamford 1,570	Afua Larbi-Yeboah 11,995 Nila Nasekhian 10,195 Kiki Timson 7,845 Amy Bloomfield 4,930 Rafe Stevenson 4,245	Maddy Friday 13,330 Tilly Richardson 10,455 Nandini Joshi 9,965 Oscar Leary 8,420 Raven Cheung 7,000	Anya Sedgwick 29,300 Christian Larbi-Yeboah 12,700 Cailen Harrap 8,920 Sayem Ahmed 6,745 Kayla O'Neill 5,545	Kayleigh Boittiaux 24,295 Lilia Dobson 22,865 Holly Nixon 21,680 Eliza Siddiqui 12,285 Alisha Haider 9,140

EDUCAKE

Congratulations to the following children who have answered the most questions on Educake.



30th April – 7th May

Year 7	Year 8	Year 9	Year 10	Year 11
Elissia Reynolds Rohan Shetty India Miller Lilly-Anne De Boswell Darcie-Mai Harrison Emilie Sepulveda Kenley Wenban Toby Bamford Anya Shakya Annabel Porter	Lulietta Bramham Cerys Wilson Claudia D'Angelo Evie Kinsley Nila Nasekhian Ryan Henry Lauren Smith Dominic Jacques Isabelle Davies Zaine Brathwaite	Anna Mitchell Amelia Hawley Oscar Leary Emma Waylett Anna Theodossiou Emma Shaw Eric Cobbold Emily MacKenzie Lizzie Shepherd Joseph Pooles	Yasmin Raven Katy Bailey Zara Noor Jamie Cattermole Scarlett Richards Alexa Hyde Isabelle Cochrane Kayla Elliott Pascoe Alfie Vadden Sam Potten	Paige McNulty Jacob Dewar Euan Waite Holly Howell Madeline Hart Nangyalay Syed Lilia Dobson Lottie Wardley Madeline Howland Harry Newell

HEGARTYMATHS

Congratulations to the following children who have clocked up the most learning hours on HegartyMaths over the Easter break and this week.



30th April – 7th May Top Correct Answers

Year 7	Year 8	Year 9	Year 10	Year 11
James Jenkins Alicia Wallbank Joseph Wallace Elizabeth Gardner Dylan Humphry Lilia Diggins Anya Shakya Sude Aylar-Smith Rohan Shetty Samuel Houghton	Emily James Mia Luckins Alister Millar Clyde Huggett Henry Hall Leah Motton Louie Frear Amy Hedges Nila Nasekhian Ellisse Alves	Dheyona Rajendra Nicholas Jaschinski Chloe Richardson Ellie-Mae Hyder Lauren Nimmo Sienna Gardener Max Gardner Alexa Day Lacey Whittaker Charlie Baxter	Rosie Tiller Eleanor Warner Evie Stockton Fardeen Boodhun Rudy Nash Kayla O'Neill Florence Weids Jessica Sturgeon Sophie Jackson Abigail Cooper	Nangyalay Syed Cameron Fairclough Alistair Bell Lulu Salgado Andrew Ball Ella Bryant Robbie Davies Hafsah Akhtar Madeline Howland Ashleigh Norman

CAREERS

We have a careers section on the school website which contains useful information regarding college open events, up and coming careers events at Reigate School, details regarding apprenticeships and how to search and apply for them along with links to useful websites. There is also a link to a quiz which is fun to take and will give children an idea of what kind of careers will suit their personalities. Go to Academic-Careers or Academic-Option at post 16 for details of local college open events. Below are some other very useful websites which have plenty of information regarding further education, apprenticeships and careers choices plus interview techniques and many other tips.



www.barclayslifeskills.com



www.apprenticeships.org.uk



www.allaboutschooleavers.co.uk



www.notgoingtouni.co.uk



www.icould.com

APPRENTICE OPPORTUNITY

EMOTIVEHAIR APPRENTICE WANTED

01737 247946

www.emotive-hair.com

www.its-ltd.net



Emotive Hair are looking for a young person who is interested in becoming a hairdresser. Start a Saturday job now in preparation for beginning an apprenticeship in July once you have left school.

As an Emotive Hair apprentice you will have many exciting opportunities. Our training program is inspiring and continually updated to ensure we remain at the forefront of the hairdressing industry.

We strive for all our apprentices to complete the full career path including Level 2 NVQ, alongside our specialist in-house training programme of learning and coaching.

So if you're keen, creative, and energetic and have a love of hair and fashion then please contact us for more information about a career with Emotive Hair.

Look forward to hearing from you.
Please send your CV to contactus@emotive-hair.com or call 01737 247946



Top tips for spending time in nature.

1. Look around and enjoy the nature you see on your way to school.
2. Listen out for birds singing whenever you are outside.
3. Go for a walk in nature e.g. visit your local park, woodland or lake.
4. Change your phone screen saver to a picture of your favourite place in nature or your favourite plant, animal or bird.
5. Look out of the window and enjoy the nature you can see.
6. Watch a nature programme.
7. Visit the library and borrow a book about nature.
8. Make a daisy chain or do a bark rubbing.
9. Sketch, draw or paint something from nature.
10. Make a piece of art with natural resources e.g. feathers, leaves, petals
11. Paint a stone.
12. Write a poem about nature.
13. Take a photo of nature and share it with family and friends.
14. Make a birdfeeder.
15. Plant some seeds.
16. Do some gardening.
17. Go barefoot and enjoy feeling the grass between your toes.
18. Have a picnic outside.
19. Stop and smell flowers.
20. Sit and watch the birds or squirrels.



yespa
YOUTH ENSEMBLES AND PERFORMING ARTS

Fiddler on the Roof

5-7 August 2021

Thu-Sat 7.30pm, Matinee Sat 2pm



Audition Notice

Lazar Wolf the butcher
(Baritone voice, C3-F#4)
male (16-21yrs)

Bielke
female (8-11yrs)
Max. height 5ft

Ensemble: a handful of places (8-21yrs)

Auditions: 23 May 2021

Venue: Colman Redland Centre,
Croydon Road, Reigate RH2 0NA

Rehearsals : 27th June - 4th August

Contact YESPA hello@yespa.co.uk
or visit WWW.YESPA.CO.UK

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Be inspired by yesterday's theatre

Based on Sholem Aleichem stories by special permission of Arnold Perl
Book by JOSEPH STEIN Music by JERRY BOCK Lyrics by SHELDON HARNIC

The Harlequin
THEATRE & CINEMA REDHILL

01737 276 500

www.harlequintheatre.co.uk

This production is presented by arrangement with Music Theatre International (Europe). All authorized performance materials are also supplied by MTI Europe. www.mtishows.co.uk



The Orchestra of Unlimited Potential

A **FREE** inclusive orchestra for experienced musicians, complete beginners and anyone in between!

SUMMER TERM

Saturdays 10.30am - 12.00pm

Fortnightly **Online Sessions**
held live via Zoom on:

15th, 29th May
& 12th June

Launching on 15th May.
This term we will be
exploring folk music from
the British Isles and beyond!

Saturdays 10.30am - 12.30pm

Live **Face-to-Face sessions!**
held on: 26th June
& 10th July



**SURREY
ARTS**

To book your place please contact:
E: surreyarts@surreycc.gov.uk
surreymusichub.com



Supported using public funding by
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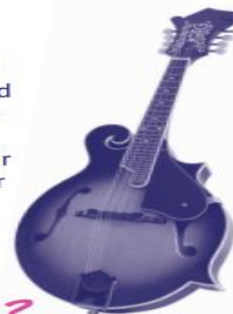


National Foundation for
Youth Music

**SURREY
MUSIC HUB**

WHAT IS 'UP'?

UP! Orchestra is an award winning ensemble designed to be accessible for young people aged 13+ of all backgrounds and abilities including those with special educational needs. We are particularly interested in welcoming young people who have been unable to access music education because of their life circumstances and lack of suitable opportunities on offer locally. Whilst there are no specific entry requirements and no audition process we feel that the ensemble is not currently suitable for PMLD/SLD young people. Please do contact us to discuss this if you are unsure.



WHAT HAPPENS AT THE SESSIONS?

UP! Orchestra is led by an awesome team of professional musicians whose aim is to ensure each participant has a meaningful musical experience regardless of ability, musical interest, vocal style or instrument. The team is experienced in supporting young people in mainstream settings as well as those who have mental health, disability, behavioural, ESL (English as a second language) needs and young people from diverse cultural backgrounds.



WHAT IS HAPPENING THIS TERM?

This term we will be exploring folk music and inviting some incredible special guest to share songs and knowledge of this beautiful and diverse music form. Towards the end the term we are aiming to meet live/face to face and to end with a performance/sharing event for friends and families on the 10th July.

HOW DO I BOOK?

For a registration form, please email Surrey Arts:
E: surreyarts@surreycc.gov.uk





We are delighted to introduce **Let's all Talk Mental Health**.

Let's All Talk Mental Health is a **FREE** webinar series aimed at helping the parents, carers and educators of teenagers with mental health challenges to understand the issues, learn how to offer support and to find out more about routes to help.

With one-to-one interviews and Q & A's with leading experts, therapists and psychologists, Let's all Talk Mental Health aims to help with what can be one of the toughest roads to travel for anyone in this position.

Each week, resident expert, Clinical Psychologist, Dr Sarah-Jane Knight will be in conversation with other leading experts and ambassadors in the field to lift the lid on the complex challenges that caring for a young person with mental health difficulties can bring. Sarah-Jane has a wealth of experience dealing with adolescents through her professional relationship with secondary schools and her private practice, Commune Therapy.

What you can expect from **Let's All Talk Mental Health** webinars :

- Expert insight
- Practical advice
- Help to better understand the issues
- Tips to navigate the right routes to treatment

The **FREE** weekly webinars have a monthly theme and will be live every Monday night at 8pm.

[Please click here](#) to view a short introduction video to Let's all Talk Mental Health.

Details of the programme schedule for May, June and July, can be [found here](#).

Sovereign Youth Club

Free youth club in Reigate

YMCA

Whether you're looking for somewhere free to hang out and chill with your mates or to meet new people, Sovereign Youth Club is a friendly, relaxed space offering a variety of sports, arts, team games and cooking.

- ▶ Wednesdays
- ▶ 18:30-20:30
- ▶ School years 6-11

For more information, contact
Fiona Oldam

☎ 07702 903766

✉ fiona.oldam@ymcaeast Surrey.org.uk

YMCA Sovereign Centre,
Slipshatch Road,
Reigate, RH2 8HA

We will adhere to Government guidance on social distancing and limiting attendee numbers to ensure we can safely maintain a social distance. Our teams will remind young people at the beginning and throughout sessions of the need to remain socially distanced from one another. There will be additional cleaning of the centres between sessions, and we will have hand washing provisions and sanitiser gel available.

YMCA EAST SURREY

Registered charity no. 1075028

NOTICES

For children aged between 11 and 19 there is a ChatHealth Service available provided by the Surrey School Nursing Service.

For more information please visit the website
<https://childrenshealthsurrey.nhs.uk/ChatHealth>



SAFEGUARDING



Thinkuknow is an education programme from the National Crime Agency's CEOP Command. Since 2006, Thinkuknow has been keeping children and young people safe by providing education about sexual abuse and sexual exploitation. Thinkuknow is unique. It is underpinned by the latest intelligence about child sex offending from CEOP Command. Thinkuknow aims to ensure that everyone has access to this practical information – children, young people, their parents and carers and the professionals who work with them. Alongside the Thinkuknow website the programme provides educational resources, including films, cartoons and lesson plans, to help parent/carers and professionals raise young people's awareness. <https://www.thinkuknow.co.uk>



Get into Teaching Subject in Focus Information Seminars



Science and Modern Foreign Languages

Imagine a career where you are able to use your knowledge of Science or Languages every day and one where you can play a crucial role in instilling a love of your subject in the next generation - perhaps even in shaping the next Physicist, Engineer, Doctor or Linguist!

If you are considering a career in teaching and would like to find out more, sign up for one of our Virtual Subject in Focus Information Seminars. i2i Subject Tutors in Science and MFL will lead these webinars which will look at:

- what the curriculum covers at KS3 and KS4
- what a typical working week may look like
- the rewards, challenges and realities of teaching Science and Languages
- what you can do to develop your subject knowledge ahead of starting a programme how the i2i Subject Studies programme supports you in becoming an MFL or Science Teacher

You will also have the opportunity to ask questions and find out more about how the i2i Teaching Partnership can support you in your teaching career.

Get into Teaching MFL Subject Focus Webinar Wednesday 5th May 2021 7-8pm

To find out more and book your place please visit our website:
<https://www.i2ipartnership.co.uk/443/upcoming-events>
or contact Krissy Taylor at: ktaylor@weydonschool.surrey.sch.uk



Developing Positive Behaviour through Emotion coaching:

An approach for parents and carers to use with children and young people (aged 3-18 years).



Sound familiar?

Tim, 4, has made it clear he doesn't want to get ready for bed and his loud screams wake up his baby sister.

Marta, 9, refuses to get up out of bed and prepare for school in the morning. When her Dad pulls off the covers, she hurts him.

Sam, 15, won't stop playing on the iPad. He promised his sister he would share it with her, and so a loud argument starts. Someone gets hurt.

Emotion coaching is an approach which helps children and young people to understand the different emotions they experience, why they occur and how to handle them. This helps children and young people to learn how to regulate their emotions and behaviour.



- Emotion coaching training is a free, online course for parents and carers.
- There are two training options to choose from:

Option A: Introductory Course: An introduction to emotion coaching, one-off, 2-hour session on 19th May 2021 at either:
12.30pm-2pm or 6.30pm-8.30pm.

Option B: Applied Course: A more in-depth look at what emotion coaching is and how to use it effectively with your child, including 5x 1.5 hour sessions with a mix of training, reflection and discussion. Course dates: 6th, 13th, 20th, 27th May and 10th June 2021 at 12.30pm-2pm.

To confirm your place for this course please complete the following questionnaire: <https://www.surreysays.co.uk/csf/154a4364>

For more information please email sw.educationteam@surreycc.gov.uk

"It was a lovely course and it will help many parents"- Parent