

# Reigate School



Issue No: 318

# **NEWSLETTER**

Friday 9th February 2024

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www.reigate-school.surrey.sch.uk

#### MESSAGE FROM THE HEADTEACHER

In this newsletter we have a report on the Year 10 GCSE Textile Trip to the Tate Modern and more details of the Young Enterprise Group's project to raise money for St Catherine's Hospice.

The Year 11 mocks begin after half term. I hope that the Year 11s manage to strike a good balance between revising for their mocks and having some down time during half term so they can come back feeling refreshed.

Have a great half term.

Mr Alexander

UPCOMING DATES		
Monday 19 <sup>th</sup> February	Sports Tour Parent and Carer Information Evening	
Tuesday 20th February	Year 9 DTP/ MenACWY Vaccinations (pre-booked only)	
Thursday 22 <sup>nd</sup> February	Year 9 SEND Parents' and Carers' Evening (Virtual)	

PARENTS' EVENINGS		
Year 8	Thursday 7 <sup>th</sup> March	
Year 9	Thursday 21 <sup>st</sup> March	
Year 7	Thursday 18 <sup>th</sup> April	

#### **SPOTLIGHT**

#### YEAR 7

Zoe Bond for her excellent attitude, behaviour and performance in netball. Ada Helm and Eden Horsburgh for being really supportive towards a new classmate and showing our Reigate school value of friendship all week. Fatima Tul Zahra for her excellent portrait work in Art.

#### YEAR 8

Lily Garrett who has displayed outstanding behaviour and attitude throughout this half term in PE during gymnastics. She has been extremely helpful with setting up and putting away equipment and has been a pleasure to teach. Maddy Humphreys for her resilience in Art.



#### YEAR 9

Hassan Ahmed for his excellent creative writing assessment. Christopher Reed for excellent effort in his creative writing assessment. Harry Watts for receiving a very impressive 304 Achievement Points for the year to date – well done Harry!

#### **YEAR 10**

Tyler Rodd for his excellent attitude in science lesson, he got on with his work straight away and got everything done. Well done to Charlie Brown for refereeing the Year 7 football match. Harry Bews for his improvements in lessons recently. Hannah Butterfield for her resilience in Art lessons this week. Kayla Munns for being so helpful at the Young Carers meeting this week. Zach Paine for working hard on his Art final piece. Joanna Frampton and Thomas Lord for their 100% attendance record. Elizabeth Gardner for her thoughtful comments in Life Skills last week. Well done to all the Year 10s who worked so hard on their artist responses from the trip to The Tate Modern. Liam Tutin and Skye Sibley for their improved efforts in Maths. Lana Seager for always showing the school values.

#### **YEAR 11**

Areez Jaufaraully and Avery Samolczyk who both delivered the Park's Week assemblies last week. They were amazing – a real credit to both their House and their year group! Saniya Rahman for being supportive to a friend in need.

#### YOUNG CARERS

Thank you to all our young carers and young carer friends who came to our meeting this week. We enjoyed a break time hot chocolate and making plans for our upcoming well-being sessions next term. If you are a young carer and missed the meeting please see Mrs Hartnett.

Parents and Carers if you think your child may be a young carer please get in touch.

#### RESILIENCE BREAKFAST

Any child in Year 8 who has been awarded an achievement point for the Reigate School value of resilience was put into a draw and the winner would receive breakfast for the tutor group. This was won by Willow, and 8CLA had a lovely breakfast during form time. Well done Willow and 8CLA!

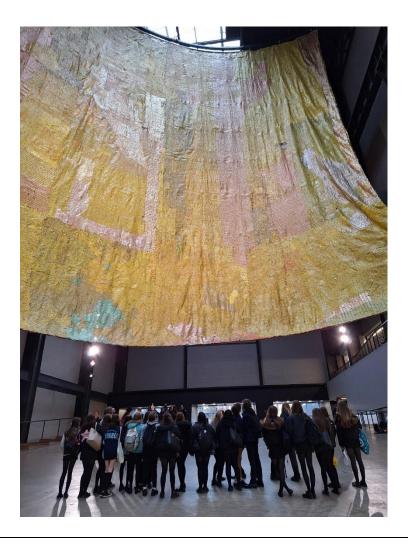


#### YEAR 10 TRIP TO TATE MODERN

On Wednesday the Year 10s taking GCSE Textiles went on a trip to the Tate Modern to kick start their new project. The gallery was inspiring and the children were fully engaged the whole day. Their behaviour was exceptional and we are looking forward to seeing how their drawings inspire the development of the next project.

The highlight of the trip was the large scale sculpture by El Anatsui which consists of thousands and thousands of bottle tops hand stitched together with wire. The commission builds on El Anatsui's interest in histories of the migration of goods and people during the transatlantic slave trade.

Mrs Skinner



#### **APRIL ALLAN**

April Allan Year 9 for her superb and exciting painting. The children were exploring painting without brushes; using cardboard, sponges, palette knives instead to create marks and textures. April created this richly textured and expressive piece. Well done April!



#### YOUTH ENTERPRISE PROJECT



# HELP THE HOSPICE!



## A BIT ABOUT ST CATHERINE'S

For the last 40 years, The Hospice has been there for people living in West Sussex and Surrey, offering physical and emotional support to those with a life-limiting or terminal condition and their families. Their care is only possible thanks to the generosity of the local community who fund raise for and donate to them. Each year around £7.5 million is donated by their supporters; an incredible amount that means they can continue to deliver this care to people who need it the most.

Find more about them here: www.stch.org.uk

#### **REIGATE SCHOOL VALUES**

At Reigate School our school values are respect, resilience, kindness, curiosity and friendship. Supporting St Catherine's Hospice as part of the Youth Enterprise Project enables us to demonstrate our values in action. By taking part in fundraising activities, we show respect for individuals facing challenges and showcase our resilience when facing difficult challenges together. Acts of kindness, such as charity and volunteering, demonstrate empathy and generosity towards those in need. Additionally, participating as a group reinforces the importance of friendship and community. In supporting St Catherine's Hospice, we are able to live by our schools values, reflecting our commitment to make a positive difference in the lives of others.

#### TAKE PART IN EVENTS



There are countless events coming up that will aid our efforts in raising money and bring us closer to our target. Some events to look out for include:

- -Non school uniform day
- -Movie night
- -Mother's day sale

We will be hosting an activity every Friday for this half term! More information for each of these fundraising activities will be available closer to the time.

# YOUTH ENTERPRISE PROJECT ★

The Hospice runs an annual event in which over 10 weeks, students compete with other local schools to turn £50 seed money into £1,500 or more. This year, Reigate School has been asked to participate. This fundraising project offers students the chance to learn vital real-world skills to complement their education, whilst also providing exposure to hospice care which can be a huge support if students or family members need hospice support in future.

**OUR TARGET** 

This is our first year competing in this competition and we want to do as well as we can. With your help we think we can raise:





#### MOST OF ALL: DONATE!

This is the best, easiest way to support this hospice. It is just as simple as scanning this QR code and following the instructions to donate to our JustGiving platform. All donations will help us achieve our goal.

Respect | Resilience | Kindness | Curiosity | Friendship

#### YEAR 8 EXPLORING HIGHER EDUCATION

This week, a group of Year 8s had the opportunity to work with the University of Surrey to complete the Exploring Higher Education Programme. They had a tour of the campus, tried out societies and subjects, designed their own university, and had their own Graduation celebration with caps and gowns! Well done to everyone for their group presentations and for trying new experiences and opportunities.

### Ms Bailey





## HOUSE RESULTS – WEEK ENDING 9TH FEBRUARY

Attenborough	52751	4TH
Curie	55314	1ST
Parkes	53306	3RD
Turing	53348	2ND



# Reigate School

# Drawing Competition (House Event)

inspired by...



# Week beginning 19th February

- Each day there will be a different prompt for you to draw (see the prompt list below)
- Each entry will receive <u>House points</u> and there will be <u>prizes</u> for the top 3 drawings submitted for each day!
- Hand in your drawings to Mr Collins in S10
- S10 will be open at lunchtime for you to come and draw each day's prompt - paper, pens, pencils, etc. will be provided
- · Feel free to plan ahead and start your drawings over half term!
- You don't have to do all 5 days just pick your favourite(s)

Day 1 – 19<sup>th</sup> Feb: **Dragon** 

Day 2 – 20<sup>th</sup> Feb: Turtle

Day 3 – 21st Feb: Friendship

Day 4 – 22<sup>nd</sup> Feb: Time

Day 5 – 23<sup>rd</sup> Feb: Insect



#### HOUSE EVENT - MARIOKART

Last week was the second annual inter-House MarioKart! Again, there was a great turn out and things got very competitive! For the Year 7 event, Attenborough won, beating Parks by only four points! For Year 8, Curie narrowly beat the other Houses and managed to come in 1<sup>st</sup>! At the Year 9 event, Parks were the winners, with Turing coming a very, very close second. Curie won the Year 10 event, being an amazing 24 points ahead of their closest rivals. On Friday, Parks and Curie were neck and neck, joint winners!

The overall scores are as follows:

Parks 138
Attenborough 76
Turing 84
Curie 130



Well done Parks for winning the week!



# House Photography Competition



Submission deadline: Friday 22<sup>nd</sup> March

# Theme: Near and or Far

#### **Rules:**

- 1. You must take the photograph/s yourself
- 2. You may edit the photograph/s if you want to.
- 3. The image/s must be submitted on SMHW.
- 4. You may use a camera or a phone to take your shot.
- 5. No more than 3 images per student/staff may be entered





#### YEAR 7 NETBALL

On Thursday 1<sup>st</sup> February the Reigate School A and B team played Warlingham School.

So close, the girls who played in the A team were Freya, Zoe, Klaudia, Ava, Kumba, Cora and Emily. We all played so well and intercepted loads of great balls. It was a tough game but the second quarter we scored so many goals and made a massive come back. The player of the match was Cora. Well done girls, we played amazingly.

Score: Warlingham 13 - Reigate 11

Report by Cora

Rim scored us two amazing shots with Eloise having

three close attempts. Harper played goal keeper for the first time and performed amazingly. Erin was awarded player of the match and Sofia was captain. In summary the B team performed really well, it was just unfortunate that we only had 5 players, however Warlingham were kind enough to lend us two of their players so that we had a full team to play.

Score: Warlingham 13 - Reigate 11

Report by Sofia



#### YEAR 7 FOOTBALL

On Wednesday 7<sup>th</sup> February Reigate School hosted the 7-a-side 'B' football tournament. Seven schools entered and played in a league format where everyone plays everyone. The schools involved were Reigate School, Oakwood School, Merstham Park School, St Bede's School, Oxted School 1, Oxted School 2 and Carrington School.

The Reigate team conducted themselves magnificently demonstrating all of our school values as well as playing some excellent football. All boys contributed to the team's success where Reigate School finished 2<sup>nd</sup> overall based on goal difference.

Congratulations to Oakwood who were the tournament winners.

Thank you to Charlie in Year 10 for refereeing, another magnificent performance!

Reigate squad: Rex, Daniyal, Walif, Zac, Rayyan, Abel, Tom, Hunter, Tyler, Alex

Mr Simmonds-Dance

#### PE FIXTURES

# What's on this week?

#### Monday 19th February 2024

Y10 & Y11 Netball Training (MUGA)
Y7 Football Training (Astro)
Girls Football Training — All Years (Astro)

Tuesday 20th February 2024

Y8 Netball tournament (A)

Wednesday 21st February 2024

Y8 & Y9 Netball Training (MUGA)

Y9 'B' v Woldingham (A)

Y9 'A' v Woldingham (A)

Y8 'B' Tournament @ Reigate

Thursday 22<sup>nd</sup> February 2024

Y7 Netball Training (MUGA)

Y11 'A & B' Netball v Caterham (A)

Friday 23rd February 2024

No clubs or fixtures

Instagram: @Reigate\_School\_PE













Tayla Lynn in Year 8 for her consistent enthusiasm in French and always asking intelligent questions.

5 Achievement points to all our linguists. Well done!

#### COMING UP IN CAREERS

**22<sup>nd</sup> February** Year 10: Royal Alexandra and Albert School Sixth Form presentation

**26<sup>th</sup> – 1<sup>st</sup> March** All years: Morrisby Careers Assemblies

4<sup>th</sup> - 8<sup>th</sup> March All years: National Careers Week (assemblies and tutor time activities)

18<sup>th</sup> April Year 9: Student Living (University of Surrey)

Every Wednesday lunchtime - Careers drop in with Mrs Grew, Careers Officer



There is a comprehensive careers section on the Reigate School website.

Careers | Reigate School (reigate-school.surrey.sch.uk)

In the CEIAG - Careers, Education, Information, Advice and Guidance section you will find our termly career plan which details what CEIAG each year group receives throughout the academic year. Our careers policy and provider access policy can be found in the same section.

The careers section also includes information on the labour market, apprenticeships and apprenticeship vacancies. The section for parents and carers contains guides to post 16 options, the new T level qualifications and apprenticeships.

In the "Options at post 16" section, there are links to the local colleges where you can register for their open events.

#### FURTHER EDUCATION COLLEGES OPEN EVENTS 23-24.pdf (reigate-school.surrey.sch.uk)

The website contains much information, which I hope you and your children will find useful.

Below are some other very useful websites which have plenty of information regarding further education, apprenticeships and careers choices plus interview techniques and many other tips. Our library has many resources within the Careers section which the children are welcome to use.

When using the Morrisby platform please use the Reigate School Code when signing up: MC94232M









www.barclayslifeskills.com www.apprenticeships.org.uk www.allaboutschoolleavers.co.uk www.icould.com





# **YOUNG REPORTER**

COMPETITION

Got a story to tell?

24TH MARCH 2024

Share it with the BBC and it could be seen or heard by people all over the UK!

If you're aged between 11-18 the BBC Young Reporter Competition wants to hear from you.

For full T&Cs, Privacy Notice and to apply:

bbc.co.uk/youngreportercompetition



Inspired and led by the National Cyber Security Centre (NCSC) - a part of GCHQ, **students** in Year 8/9 in England and Wales and Year 9/10 in Northern Ireland and S2/S3 in Scotland, can join free cyber security development days running throughout February and March 2023.

The CyberFirst Investigators 2024 initiative is designed to increase understanding of the different specialisms within cyber security and equip students with valuable, in-demand skills.

There is a series of fun, interactive face-to-face one-day courses as well as virtual courses, to choose from. On the day, the girls will be role playing as cyber security experts working for a fictitious app company, Sirius Cyberworks. Unfortunately, disaster has struck and there has been a serious breach of the company network - a new flagship app has been leaked. The students role is to work through four different parts of the company, uncovering how the leak happened whilst learning new cyber skills along the way.

#### FACE-TO-FACE COURSE DATES

Face-to-face courses are run on a Saturday from 9am to 4pm. For safeguarding purposes, specific venue details are released only to registered attendees closer to the time.



Saturday 9th March - Central London Saturday 9th March - Canterbury Saturday 16th March - Leicester Saturday 23rd March - Ipswich

#### ном то воок

For parents or guardians looking to book their dependant please register them at: bit.ly/investigators2024

Places are limited, so if you have students who might be interested, please share this information with them so that they don't miss out.

Teachers, if you have any questions please contact our team at cyberfirstadmin@qa.co.uk we're happy to help.











#### SAFEGUARDING AT REIGATE SCHOOL

We recognise our moral and statutory responsibility to safeguard and promote the welfare of all children. Reigate School makes every effort to provide a Ready, Respectful and Safe environment in which children feel secure, valued and respected. If a child has any worries or needs some support at any time, we encourage



them to speak to their pastoral team or any member of the safeguarding team in the first instance.

Please visit the school website <a href="https://www.reigate-school.surrey.sch.uk">https://www.reigate-school.surrey.sch.uk</a> to access our safeguarding pages for guidance, support and signposting information. We have a comprehensive outline of our Reigate School Early Help offer, which is designed to help families access key services when support is first needed.

If you have any concerns, questions or would like advice surrounding any aspect of safeguarding please contact the school and ask to speak to a member of the safeguarding team or email <a href="mailto:dsl@reigate-school.surrey.sch.uk">dsl@reigate-school.surrey.sch.uk</a>

#### SAFEGUARDING - ONLINE SAFETY

The internet is a wonderful resource, however ensuring children know how to use the internet safely is vitally important. Please visit the school website E-Safety page using the link below to access important signposting information designed to inform parents and carers about online safety and how to best support your child at home.





E-Safety: https://www.reigate-school.surrey.sch.uk/safeguarding/esafety

The following resource from Childnet has been created to help a parent/ carer and child to have a conversation together about life online. https://www.childnet.com/wp-content/uploads/2022/05/My-Life-Online.pdf

#### ONLINE SAFETY - ONLINE WELLBEING

There are lots of positives to being online for children, from staying in touch with friends to learning about the world. There are some challenges, too, and the online world can be tricky for children to navigate. For some it can become overwhelming trying to keep up with friends, and the pressure can mount.

Noticing how your child is affected by being online is the first step in helping them manage their wellbeing.

You can:

- manage the content that your children see
- ensure the interactions they have are suitable
- manage how long they're online, in balance with other activities.

There are several things you can do to help support a child, including using specific apps and checking app settings.

Tips for managing wellbeing online;

- Have regular conversations with your child
- Give children the chance to talk about what they're experiencing online, what apps and sites they use and who they're talking to.
- Talking regularly, like you would about their day at school, will help your child feel relaxed and mean that when they do have any worries, they're more likely to come and speak to you.
- Remind them that it isn't just you that they can talk to another trusted adult or a Childline counsellor might be easier sometimes.
- When children communicate online, misunderstandings can lead to disagreements or arguments.
  - Encourage your child to look at the Childline website, which has lots of useful advice articles:
  - Feeling good on social media
  - · Coping with stress
  - Worries about the world
  - Childline's Calm zone is also packed with tools and activities to help children de-stress and discover new techniques that can support them when they're feeling down. Young people can also talk to each other about their worries on the Childline message boards.
- Consider that what children see online is often through a filter. It isn't just images and videos that can be filtered or edited, but bodies and lives too.
- Take breaks
- Our devices are designed to keep us coming back. Features like infinite scrolling, app notifications, auto play and rewards for playing games every day are all persuasive designs to increase our use.
- Mobile and wearable tech such as phones and smart watches can make us feel like we're always online and it can help everyone to take a break sometimes, to help switch off from online pressures.

#### ONLINE SAFETY - ONLINE WELLBEING (CONT.)

- You can use the settings on individual apps, or in the device settings, to silence notifications for a period of time
- You can also use the 'do not disturb' mode available on most devices to mute calls and notifications, to help avoid distractions

#### Use wellbeing settings and apps

These sites and apps are specifically designed to help children with their online wellbeing:

- BBC Own it which gives advice as they chat to their friends online.
- Headspace for Kids is an app to teach children the basics of mindfulness in a fun way. It's aimed at 3-12 year olds, with different content for the different age groups. Free for Headspace subscribers, limited access for non-subscribers.
- ❖ JoyPoP is an app designed to help users find their inner resilience to deal with the highs and lows in their day to day lives. By rating mood for the day, users are directed to complete different activities to help switch to positive emotions. App costs £6.99.

You can also find out what apps your child uses the most and have a look to see if there are wellbeing guides which explain their settings to help support children's wellbeing.

#### TALKING TO CHILDREN ABOUT WAR AND CONFLICT

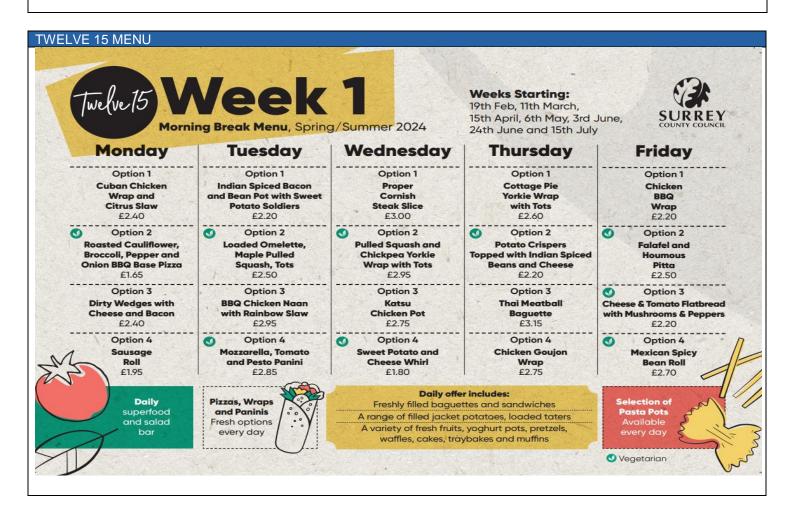
When conflict or war is in the news, our children and teenagers can experience a range of strong emotions from fear and anxiety, to anger, confusion and sadness. Some children and teens may be able to talk about these feelings, but other children will show us through their behaviour by being clingy or finding it hard to separate from adults, showing signs of panic, acting out violence



in their play, or asking lots and lots of questions. Some children will even show us their distress by being dismissive and ambivalent about war and conflict, as if they don't care.

Children look to their trusted adults for information about how serious the danger is, and how to make sense of what is happening for them, and out there in the world. There are many things we can do as supportive adults to help our children face the painful reality of war and conflict. Please visit the following link to access the full resource which is for all adults supporting a child or teenager to digest the impact of war and conflict on them as individuals, on communities and on the world.

Talking to children about war and conflict (beaconhouse.org.uk)



Weeks Starting: 19th Feb, 11th March, 15th April, 6th May, 3rd June, 24th June and 15th July



Friday

**Fantastic Fish Friday** 

Option 1

Harry Ramsden's

Fish in Batter

Vegetarian

Mac n Cheese with

Garlic Bread

Sides

Chips,

Mushy Peas.

**Tartare Sauce** 

## Monday

**Traditional Favourites** 

## Main Meal

Lamb and Rosemary Sausages

# Vegetarian

Cumberland Sausage

#### Sides

Mashed Potato, Onion Gravy, Roasted Summer Vegetables

#### Dessert

Apple and Cherry Crumble with Vanilla Custard

> Daily and salad bar

## Tuesday

Lunch Menu, Spring/Summer 2024

Street Food Market

# Option 1

Pork Burrito

#### Vegetarian Vegetable

#### Burrito Sides

Potato Wedges Tomato, Cucumber and Red Onion Salad

#### Dessert

Chocolate Courgette Cake with Whipped Cream

# and Paninis

Pizzas, Wraps Fresh options every day

## Wednesday

**Great British Roast** 

## Option 1

Roast Beef with Yorkshire Pudding

#### Vegetarian Cauliflower and

**Broccoli Cheesy Bake** 

#### Sides

Roast Potatoes, Baby Carrots, Cauliflower Cheese, Gravy

#### Dessert

Fruit Salad with Minty Lime Syrup

## Thursday

**World Food Cuisine** 

#### Option 1 Chicken

Katsu Curry

## Vegetarian

Sweet and Sour Quorn Stir Fry

#### Sides

Steamed Rice. Farmhouse Vegetables

#### Dessert

Waffle with Fresh Fruit and Orange Crème

Fraîche

### Dessert

Lemon Drizzle Cake with Whipped Crème Fraîche

every day

Vegetarian

## MEAL DEAL ONLY £2.75

includes Main/Side/Dessert

#### **NOTICES**



#### **Teaching Partnership**

Teacher Training

Coffee, Croissants & Training to Teach Career Chats

SATURDAY 24 FEBRUARY, 9.30 - 11.30 AM AT WEYDON SCHOOL, FARNHAM

Join the i2i Teaching Partnership, an Ofsted Outstanding provider of teacher training for secondary education, at this Get into Teaching Information event to find out more about training to teach. The St Polycarp's Educational Partnership team will also be attending to represent primary teacher training

www.i2ipartnership.co.uk

YMCA EAST SURREY

# Emotional Wellbeing & Mental Health



Here for young people Here for communities Here for you

# **Easter Activity Programme**

Free activities for 11-18 year olds (Year 7+)

- Wednesday 3 April | Colley Hill Photography Adventure | 11:30-14:00 Colley Hill, Reigate
- ► Thursday 4 April | Bake Off Challenge | 15:00-17:30 | Horley
- Friday 5 April | Epsom Mystery Mission | 11:00-14:00 | Epsom
- ► Tuesday 9 April | Gatwick Escape Rooms | Time TBC | Horley
- > Wednesday 10 April | Art by Nature | 11:30-14:00 | Walton Heath
- Thursday 11 April | Make your own terrarium | 16:00-18:00 | Horley

To book please email waves@ymcaeastsurrey.org.uk

f X ⊙ YMCAEastSurrey | ⊙ YMCA\_Emotionalwellbeing

