



Reigate School



Issue No: 324

NEWSLETTER

Thursday 28th March 2024

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MESSAGE FROM THE HEADTEACHER

Last night was the Year 7 Easter Disco, it was a great evening and the funds raised from donations for entry to the disco will go to St Catherine's Hospice as part of the fundraising by the Young Enterprise Team this term.

We have several trips going out over the Easter break. The Washington trip departed this morning, the Sports Tour to Platja D'Aro Spain is taking place the first week of the holidays and the Performing Arts trip to New York is taking place the second week of the holidays. I hope all the children have a fantastic time.

Enjoy the Easter break.

Mr Alexander

UPCOMING DATES

Thursday 18 th April	Year 7 Parents' and Carers' Evening (Virtual)
Friday 19 th April	CCF Tri-Service Weekend, Reigate Grammar School

PARENTS' EVENINGS

Year 7	Thursday 18 th April
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SPOTLIGHT

YEAR 7

A special mention to all the children who attended the Year 7 Easter Disco last night, their behaviour was excellent and the dance moves were free flowing. Special shout out goes to the Year 7 boys who really got the party started.

YEAR 8

Malcom Rabey for his efforts in English. Amnita Sandhu for her commitment to Art. Freya Ketley for kindness. Lily Garrett for demonstrating the Reigate School Values.

YEAR 9

Harry Watts for reaching the dizzying heights of 400 Achievement Points. Ashlea McLaughlin for being courteous and considerate. Harley Finch who is always polite, friendly and gives 100%. April Allan for helping during form times when setting up for the Monday tutor reading tasks. Teddy Nott for being the best tutor time contributor. Cameron Blok who works hard in all his subjects and is a lovely calm member of the form.

YEAR 10

Well done to all the Year 10 children who performed in the Dance Show. Freddie Fifield for his progress in Art. Megan Roberts for her excellent responses in Life Skills. Alexa Smith for always showing the Reigate School Values. Neave Canneaux for helping at the Dance Show.

YEAR 11

Well done to all the Year 11 dancers who performed in the Dance Show. Dylan Cross for helping with the lighting and Robert Sherriff and Orla Marsh for presenting at the Dance Show.



SANDCROSS SPANISH CAFÉ

Last Friday, a delightful fusion of learning and fun took place at Sandcross Primary School as our Year 9s took on the roles of waiters at a vibrant pretend Spanish café. The occasion not only showcased their burgeoning language skills but also fostered a sense of community as they served up Spanish cuisine to the eager primary school customers.

Transforming a section of the school hall into a bustling Spanish café, Year 9s embraced the opportunity to immerse themselves in Spanish culture. They effortlessly slipped into their roles, eager to provide an authentic experience for their younger peers.

The pretend café served as an interactive extension of the childrens' Spanish language curriculum. By engaging in real-life scenarios such as taking orders and serving food, they reinforced their vocabulary and communication skills in a dynamic and memorable way.

The event also fostered a sense of mentorship and collaboration among students of different age groups. The Year 9 children took pride in guiding their primary school counterparts through the café experience, offering assistance with menu choices and encouraging them to practice basic Spanish phrases.

We applaud the enthusiasm and dedication of our Year 9s: Abigail, Annabel, Camille, Emma, Lucy, Matthew, Scarlett, Sid, Sophie and William in bringing this delightful experience to life, and we look forward to more collaborative ventures that celebrate learning, cultural exchange and the joy of coming together as a school community, in the future.

Mrs Peckham



DRAMA TRIP

On Wednesday 13th March GCSE drama students went to see 12 Angry Men at the Yvonne Arnaud Theatre Guildford. The play was about a jury deciding if they should find the accused (a boy who murdered his father) guilty or innocent.

The acting was excellent throughout and I think the tech really made the show more enjoyable- I particularly liked the lighting and the effects of rain on the windows that really made the play more realistic. This was a really good serious drama where the characters were believable and interesting to watch throughout.

Rebecca Bird (Year 10)



GEOGRAPHY TRIP TO EASTBOURNE

This week the Year 10 geographers went to Eastbourne for the day to complete their coastal management fieldwork for their third exam paper. They battled with high tides and witnessed first-hand how beach replenishment takes place while completing their work. Their behaviour was superb and they were an asset to the school. In particular a number of members of 10TA should be recognized for their hard work including Jack Waller's group, Max Giubergia's group and Jamie Davies' group. Well done Year 10.

Miss Sutton, Mr Kirkwood and Mrs Powell



ACHIEVEMENT POINT BREAKFAST

A huge well done to 10EPO who got the most achievement points this week in Year 10. As a result, they were treated to a breakfast presented by a sparkly Mr Hamilton!



ARTIST OF THE WEEK

SCARLETT COTTERELL

Well done to Scarlett for her recent final piece using acrylics, a fantastic family portrait!



HOUSE POINTS

Attenborough	57928	4TH
Curie	60367	1ST
Parkes	58266	3RD
Turing	58278	2ND

GIRLS' FOOTBALL

In their final league match of the year, the U13 Reigate girls faced off against Warlingham School at home, concluding the season on a challenging note with a 3-0 defeat. The game began with Warlingham seizing an early advantage, scoring within the first few minutes, setting the tone for the rest of the match.

Throughout the game, Reigate encountered difficulties in maintaining cohesion, with some sloppy plays notably affecting their ability to connect with their strikers. Positional discipline wavered at times, leading to gaps that Warlingham exploited. Despite these setbacks, there were flashes of great play from all the Reigate players, hinting at the potential that has been seen in flashes throughout the season. The lack of recent match play was evident, suggesting that the team hadn't played together for a few weeks, affecting their usual rhythm and teamwork.

Plans for summer training are already underway, aiming to build on the lessons learned this year and come back stronger. The focus will be on enhancing team cohesion, strategic positioning, and overall gameplay.

The Player of the Match was deservedly awarded to Lilly, whose performance stood out despite the challenging circumstances. Her efforts exemplified the spirit and skill that Reigate will surely build upon in their preparations for next season.

The final score of Warlingham 3, Reigate 0, doesn't dampen the spirits of the team or diminish the anticipation for what the next season holds. With focused training and a resolve to improve, Reigate is poised to return with renewed vigour and determination.

Mrs Corder



CAREERS

There is a comprehensive careers section on the Reigate School website.

[Careers | Reigate School \(reigate-school.surrey.sch.uk\)](https://reigate-school.surrey.sch.uk/careers)

In the CEIAG - Careers, Education, Information, Advice and Guidance section you will find our termly career plan which details what CEIAG each year group receives throughout the academic year. Our careers policy and provider access policy can be found in the same section.

The careers section also includes information on the labour market, apprenticeships and apprenticeship vacancies. The section for parents and carers contains guides to post 16 options, the new T level qualifications and apprenticeships.

In the "Options at post 16" section, there are links to the local colleges where you can register for their open events.

[FURTHER EDUCATION COLLEGES OPEN EVENTS 23-24.pdf \(reigate-school.surrey.sch.uk\)](https://reigate-school.surrey.sch.uk/further-education-colleges-open-events-23-24.pdf)

The website contains much information, which I hope you and your children will find useful.

Below are some other very useful websites which have plenty of information regarding further education, apprenticeships and careers choices plus interview techniques and many other tips. Our library has many resources within the Careers section which the children are welcome to use.

When using the Morrisby platform please use the Reigate School Code when signing up: MC94232M



www.barclayslifeskills.com

www.apprenticeships.org.uk

www.allaboutschoolleavers.co.uk

www.icould.com



www.morrisby.com

COMING UP IN CAREERS

18 th April	Year 9 – Student Living (University of Surrey)
29 th April – 3 rd May	All Years - Morrisby Careers Assemblies
29 th April – 3 rd May	All Years - Morrisby Careers follow up tutor time activities
15 th July	Year 9 – Elite Skills Army Day
16 th July	Year 8 – Inspirational Learning Group – JCB Machine of the Future
17 th Jul	Year 9 – Enterprise Day (Adam Corbally from “The Apprentice”)
15 th July – 18 th July	Year 10 – Work Experience



SAFEGUARDING AT REIGATE SCHOOL

We recognise our moral and statutory responsibility to safeguard and promote the welfare of all children. Reigate School makes every effort to provide a Ready, Respectful and Safe environment in which children feel secure, valued and respected. If a child has any worries or needs some support at any time, we encourage them to speak to their pastoral team or any member of the safeguarding team in the first instance.



Please visit the school website <https://www.reigate-school.surrey.sch.uk/> to access our safeguarding pages for guidance, support and signposting information. We have a comprehensive outline of our Reigate School Early Help offer, which is designed to help families access key services when support is first needed.

If you have any concerns, questions or would like advice surrounding any aspect of safeguarding please contact the school and ask to speak to a member of the safeguarding team or email dsl@reigate-school.surrey.sch.uk

SAFEGUARDING – ONLINE SAFETY

The internet is a wonderful resource, however ensuring children know how to use the internet safely is vitally important. Please visit the school website E-Safety page using the link below to access important signposting information designed to inform parents and carers about online safety and how to best support your child at home.



Education from
the National
Crime Agency

E-Safety: <https://www.reigate-school.surrey.sch.uk/safeguarding/esafety>

The following resource from Childnet has been created to help a parent/ carer and child to have a conversation together about life online. <https://www.childnet.com/wp-content/uploads/2022/05/My-Life-Online.pdf>

MINDWORKS



Neurodevelopmental support for children and young people – Access to general advice and support through an out of hours advice line for Neurodevelopmental support is available on 0300 222 5755 from 5pm – 11pm, seven days a week 365 days a year.

Please visit Mindworks Surrey for more information www.mindworks-surrey.org

April is stress awareness month. Please find some small actions below that can help relieve stress.

Small Actions To Make Big Changes



CONNECT WITH SOMEONE

Are they okay? · Are you okay? · Check in with your support network · Connect with someone new · A sense of belonging and community can help reduce feelings of loneliness.

PRIORITISE SLEEP

Take small steps to improve your bedtime routine. Wind down before bed by minimizing your screen time · Make your bedroom a 'tech-free' zone · Create a clean and restful sleep environment · Jot down what's on your mind and set it aside for tomorrow · Avoid caffeine after 4pm.



MOVE IN YOUR OWN WAY

Get moving the way you want to. This could be walking, running, yoga, stretches, doing some gardening. Move in a way you'll enjoy, get those endorphins flowing and let off some steam.

SPEND TIME IN NATURE

Take some time out of your day to step outside, get some fresh air and spend time in nature. This could be eating your lunch outside, or taking a short walk after work. Stimulate your senses and look at the beauty of nature



BREATHE DEEP

Your breath is a powerful tool to help with stress reduction and relaxation. Short, shallow breaths can heighten anxiety so being conscious and taking time to breathe deep helps us shift into a relaxation mode.

PRACTICE MINDFULNESS

Practicing mindfulness allows you to focus on the here and now. It aids self-awareness, helps you practice emotional regulation and control. You can actively practice during a designated mindfulness session or be mindful of your all five of your sense whilst participating in an activity, such as a nature walk.



#LittleByLittle

Twelve 15 Week 1

Morning Break Menu, Spring/Summer 2024

Weeks Starting:
19th Feb, 11th March,
15th April, 6th May, 3rd June,
24th June and 15th July



Monday

Option 1
Cuban Chicken Wrap and Citrus Slaw
£2.40

✔ Option 2
Roasted Cauliflower, Broccoli, Pepper and Onion BBQ Base Pizza
£1.65

Option 3
Dirty Wedges with Cheese and Bacon
£2.40

Option 4
Sausage Roll
£1.95

Daily
superfood and salad bar

Tuesday

Option 1
Indian Spiced Bacon and Bean Pot with Sweet Potato Soldiers
£2.20

✔ Option 2
Loaded Omelette, Maple Pulled Squash, Tots
£2.50

Option 3
BBQ Chicken Naan with Rainbow Slaw
£2.95

✔ Option 4
Mozzarella, Tomato and Pesto Panini
£2.85

Pizzas, Wraps and Paninis
Fresh options every day

Wednesday

Option 1
Proper Cornish Steak Slice
£3.00

✔ Option 2
Pulled Squash and Chickpea Yorkie Wrap with Tots
£2.95

Option 3
Katsu Chicken Pot
£2.75

✔ Option 4
Sweet Potato and Cheese Whirl
£1.80

Daily offer includes:

Freshly filled baguettes and sandwiches
A range of filled jacket potatoes, loaded taters
A variety of fresh fruits, yoghurt pots, pretzels, waffles, cakes, traybakes and muffins

Thursday

Option 1
Cottage Pie Yorkie Wrap with Tots
£2.60

✔ Option 2
Potato Crispers Topped with Indian Spiced Beans and Cheese
£2.20

Option 3
Thai Meatball Baguette
£3.15

Option 4
Chicken Goujon Wrap
£2.75

Friday

Option 1
Chicken BBQ Wrap
£2.20

✔ Option 2
Falafel and Houmous Pitta
£2.50

✔ Option 3
Cheese & Tomato Flatbread with Mushrooms & Peppers
£2.20

✔ Option 4
Mexican Spicy Bean Roll
£2.70

Selection of Pasta Pots
Available every day

✔ Vegetarian

Twelve 15 Week 1

Lunch Menu, Spring/Summer 2024

Weeks Starting:
19th Feb, 11th March,
15th April, 6th May, 3rd June,
24th June and 15th July



Monday

Traditional Favourites

Main Meal
Lamb and Rosemary Sausages

✔ **Vegetarian**
Cumberland Sausage

Sides
Mashed Potato, Onion Gravy, Roasted Summer Vegetables

Dessert
Apple and Cherry Crumble with Vanilla Custard

Daily
superfood and salad bar

Tuesday

Street Food Market

Option 1
Pork Burrito

✔ **Vegetarian**
Vegetable Burrito

Sides
Potato Wedges, Tomato, Cucumber and Red Onion Salad

Dessert
Chocolate Courgette Cake with Whipped Cream

Pizzas, Wraps and Paninis
Fresh options every day

Wednesday

Great British Roast

Option 1
Roast Beef with Yorkshire Pudding

✔ **Vegetarian**
Cauliflower and Broccoli Cheesy Bake

Sides
Roast Potatoes, Baby Carrots, Cauliflower Cheese, Gravy

Dessert
Fruit Salad with Minty Lime Syrup

Thursday

World Food Cuisine

Option 1
Chicken Katsu Curry

✔ **Vegetarian**
Sweet and Sour Quorn Stir Fry

Sides
Steamed Rice, Farmhouse Vegetables

Dessert
Waffle with Fresh Fruit and Orange Crème Fraîche

Friday

Fantastic Fish Friday

Option 1
Harry Ramsden's Fish in Batter

✔ **Vegetarian**
Mac n Cheese with Garlic Bread

Sides
Chips, Mushy Peas, Tartare Sauce

Dessert
Lemon Drizzle Cake with Whipped Crème Fraîche

Selection of Pasta Pots
Available every day

✔ Vegetarian

MEAL DEAL ONLY £2.75
includes Main/Side/Dessert



Easter Holiday Activities

Bookings are open for our Easter holiday activities!

We have a range of low-cost activities for children aged 6 months - 13 years from indoor golf, athletics and drama to dance, gymnastics and forest skills, view the full timetable [here](#).

All our activities are aimed at beginners and are a great opportunity for your child to try something different, make new friends and have fun over the holidays. We also have specific sessions for children with special educational needs and disabilities (SEND).

If you are in receipt of benefits or have a looked after child you may be eligible for a 50% discount.

Please see full details on our [website](#).

We look forward to seeing you!

The R&Be Active Team