

Family Learning - Building Your Teenager's Resilience Workshop

Day:Thursday

Start date:24 Oct 2024Time:12:30pm to 2:30pm

• **Cost:**FREE

• Location:Online (Zoom)

• **Sessions:**1 sessions

• **Tutor:**Maria Finch

• Course code:QXVX4030PA

• **Places:**Places available

Family Learning - Help Your Child Manage Anxiety Workshop

• **Day:**Thursday

Start date:24 Oct 2024Time:7:45pm to 9:45pm

• **Cost:**FREE

Location: Online (Zoom)

Sessions: 1 sessionsTutor: Laura Merrick

• Course code:QXVX4024PA

• **Places:**Places available

Family Learning - Developing Your Child's Self-Esteem Workshop

Day:Tuesday

Start date:29 Oct 2024Time:7:45pm to 9:45pm

Cost:FREE

• Location:Online (Zoom)

• **Sessions:**1 sessions

• **Tutor:**Laura Merrick

Course code:QXVX2035PA



Family Learning - Supporting Your Teenager

• **Day:**Monday

Start date:4 Nov 2024Time:7:15pm to 9:15pm

Cost:FREE

• **Location:**Online (Zoom)

• **Sessions:**3 sessions

• Tutor:Maria Finch

• Course code:QXVX1058PA

• **Places:**Places available

<u>Family Learning - First Steps to Understanding My Neurodivergent</u> <u>Child (ADHD, Autism and other)</u>

Day:Wednesday

• Start date:6 Nov 2024

• **Time:**9:30am to 11:30am

• **Cost:**FREE

• **Location:**Online (Zoom)

Sessions: 3 sessions

• Tutor:Maria Finch

• Course code:QXVX3076PA

• Places:Places available

<u>Family Learning - Who's in Charge? First steps to understanding</u> Child to Parent Violence

• **Day:**Wednesday

• Start date:6 Nov 2024

• **Time:**12:30pm to 2:30pm

Cost:FREE

Location: Online (Zoom)

• **Sessions:**4 sessions

• **Tutor:**Maria Finch

• Course code:QXVX3077PA



Family Learning - Help Your Teen Manage Anxiety

• **Day:**Thursday

Start date:7 Nov 2024Time:9:30am to 11:30am

• **Cost:**FREE

Location:Online (Zoom)

• **Sessions:**3 sessions

• Tutor:Maria Finch

Course code:QXVX4051PA

• Places:Places available

Family Learning - Learn, Play & Thrive - The Toddler Years

• **Day:**Thursday

• Start date:7 Nov 2024

• **Time:**7:45pm to 9:45pm

• **Cost:**FREE

Location: Online (Zoom)

• **Sessions:**2 sessions

• **Tutor:**Laura Merrick

• Course code:QXVX4056PA

Places:Places available

Family Learning - Understanding Your Child's Behaviour

• **Day:**Thursday

Start date:7 Nov 2024Time:12:30pm to 2:30pm

Cost:FREE

Location:Online (Zoom)

• **Sessions:**5 sessions

• Tutor:Maria Finch

• Course code:QXVX4059PA



Family Learning - Help Your Child Manage Anxiety Workshop

Day:Tuesday

Start date:12 Nov 2024Time:7:45pm to 9:45pm

• **Cost:**FREE

• Location:Online (Zoom)

Sessions: 1 sessionsTutor: Laura Merrick

• **Course code:**QXVX2050PA

• **Places:**Places available

<u>Family Learning - Helping Your Child to Develop Positive Bedtime</u> <u>Routines Workshop</u>

Day:Tuesday

Start date:19 Nov 2024Time:7:45pm to 9:45pm

• **Cost:**FREE

Location:Online (Zoom)

Sessions: 1 sessionsTutor: Laura Merrick

• Course code:QXVX2052PA

• **Places:**Places available

Family Learning - Explore Behaviour Strategies

Day:Thursday

Start date:21 Nov 2024Time:7:45pm to 9:45pm

Cost:FREE

Location: Online (Zoom)

• **Sessions:**2 sessions

Tutor:Laura Merrick

Course code:QXVX4038PA

• Places: Waiting list. Call 0300 200 1044



<u>Family Learning - First Steps to Understanding Emotionally Based</u> <u>School Non-Attendance</u>

• **Day:**Monday

Start date:25 Nov 2024Time:7:15pm to 9:15pm

• **Cost:**FREE

• **Location:**Online (Zoom)

• **Sessions:**3 sessions

• Tutor:Maria Finch

Course code:QXVX1040PA

Places:Waiting list. Call 0300 200 1044

Family Learning - Building Your Child's Resilience Workshop

Day:Tuesday

Start date:26 Nov 2024Time:7:45pm to 9:45pm

• **Cost:**FREE

Location:Online (Zoom)

Sessions: 1 sessionsTutor: Laura Merrick

• Course code:QXVX2029PA

• **Places:**Places available

<u>Family Learning - First Steps to Understanding My Neurodivergent</u> <u>Child (ADHD, Autism and other)</u>

• **Day:**Thursday

Start date:28 Nov 2024Time:9:30am to 11:30am

Cost:FREE

• **Location:**Online (Zoom)

• **Sessions:**3 sessions

• **Tutor:**Maria Finch

Course code:QXVX4045PA

Places:Waiting list. Call 0300 200 1044



Family Learning - Developing Your Child's Self-Esteem Workshop

Day:Tuesday

Start date:3 Dec 2024Time:7:45pm to 9:45pm

Cost:FREE

• Location:Online (Zoom)

Sessions:1 sessionsTutor:Laura Merrick

• **Course code:**QXVX2036PA

• **Places:**Places available

Family Learning - Building Your Teenager's Resilience Workshop

• **Day:**Thursday

Start date:12 Dec 2024Time:12:30pm to 2:30pm

Cost:FREE

• **Location:**Online (Zoom)

Sessions: 1 sessionsTutor: Maria Finch

• Course code:QXVX4031PA

• Places:Places available

<u>Family Learning - Helping Your Child to Develop Positive</u> <u>Friendships Workshop</u>

• **Day:**Thursday

Start date:12 Dec 2024Time:7:45pm to 9:45pm

• **Cost:**FREE

• **Location:**Online (Zoom)

• **Sessions:**1 sessions

• Tutor:Laura Merrick

• Course code:QXVX4054PA