

## Surrey Autistic Parents Network



As part of the Autism Friendly Communities project we are developing a support network for parents in Surrey who are autistic.

## Join our Facebook group





We have set up a facebook group called **Autistic Parents Surrey** – **Peer Support Network** 

The facebook group is for autistic parents of any gender to connect, share information and provide mutual support.

You can join if you are an autistic parent (you do not need to have a formal autism diagnosis).

Use the QR code above, or **click here** to find the group.

## **Surrey Autistic Mum's Group**





We will be hosting monthly online meetings for autistic mums to share advice and experiences.

Gill and Sophie (both autistic mums) will host the meetings. The group will initially meet on the first Tuesday of each month from 7.30pm to 9pm (unless group members vote to meet on a different evening).

Our first meeting will on Tuesday 2nd September 2025 and we will be discussing sensory differences.

To join the mailing list and receive meeting invites use the QR code above or **click here.** 

If there is interest we will explore setting up an online group for autistic dads



These groups are supported by autistic members of the Autism by Experience team. For more information email us at AFC@autismbyexperience.co.uk