



# Week 1

Lunch Menu, Autumn/Winter 2023/24



## Monday Traditional Favourites


### Option 1

Beef  
Bolognese


### Vegetarian

 Vegetable  
Lasagne

### Sides

 Garlic Bread, Mixed  
Salad, Coleslaw

### Dessert


 Chocolate & Pear  
Sponge

## Tuesday Street Food Market

### Option 1

Moroccan  
Meatballs

### Vegetarian

 Vegetarian  
Chilli

### Sides

Rice, Broccoli,  
Sweetcorn

### Dessert


Bakewell  
Tart

## Wednesday Great British Roast

### Option 1

Roast  
Chicken

### Vegetarian

 Roast  
Quorn Fillet

### Sides

Roast Potatoes,  
Peas, Carrots

### Dessert


Toffee Apple  
Crumble with Custard

## Thursday World Food Cuisine

### Option 1

Sweet and  
Sour Pork

### Vegetarian

 Sweet Potato  
and Lentil Dahl

### Sides

White Rice, Mini  
Spring Rolls, Peas

### Dessert


Chocolate and  
Courgette Cake

## Friday Fantastic Fish Friday

### Option 1

Harry Ramsden  
Fish

### Vegetarian

 Vegetable  
Quarter Pounder


### Sides

Chips, Beans,  
Mushy Peas

### Dessert

Butterscotch  
Tart

Weeks Starting: 4th Sept – 25th Sept – 16th Oct – 13th Nov – 4th Dec – 8th Jan – 29th Jan

 Vegetarian





# Week 2

Lunch Menu, Autumn/Winter 2023/24




## Monday

### Traditional Favourites

#### Option 1

Toad in the Hole

#### Vegetarian

 Leek and Courgette Crumble

#### Sides

Roasted New Potatoes, Peas, Sweetcorn

#### Dessert

Waffle with Fresh Fruit


## Tuesday

### Street Food Market

#### Option 1

Beef Biryani

#### Vegetarian

 Quorn Biryani

#### Sides

Onion Bhaji, Naan Bread, Carrot and Coconut Sambal

#### Dessert

Mandarin Cheesecake


## Wednesday

### Great British Roast

#### Option 1

Roast Beef

#### Vegetarian

 Cauliflower Cheese

#### Sides

Yorkshire Pudding, Roast Potatoes, Farmhouse Veg

#### Dessert

Chocolate Fudge Pudding


## Thursday

### World Food Cuisine

#### Option 1

Red Thai Chicken Curry

#### Vegetarian

 Sweet and Sour Quorn Stir Fry

#### Sides

Steamed Rice, Green Beans

#### Dessert

Pineapple Kebab


## Friday

### Fantastic Fish Friday

#### Option 1

Harry Ramsden Fish

#### Vegetarian

 Roasted Vegetable Quiche


#### Sides

Chips, Beans, Mushy Peas

#### Dessert

Chocolate Brownie

Weeks Starting: 11th Sept – 2nd Oct – 30th Oct – 20th Nov – 11th Dec – 15th Jan – 5th Feb

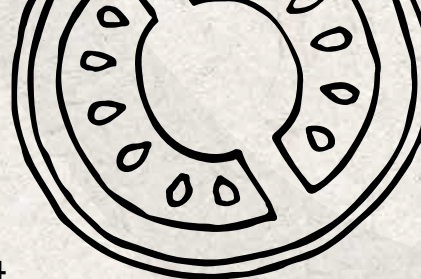
 Vegetarian





# Week 3

Lunch Menu, Autumn/Winter 2023/24




## Monday

Traditional Favourites

### Option 1

Chicken and  
Mushroom Pie

### Vegetarian

 Meat Free  
Cumberland Sausage

### Sides

Mashed Potatoes,  
Broccoli,  
Carrots

### Dessert

Apple and Cherry  
Crumble


## Tuesday

Street Food Market

### Option 1

Beef  
Burger

### Vegetarian

 Falafel  
Burger

### Sides

Waffle Fries,  
Pineapple and  
Tomato Salsa,  
African Coleslaw

### Dessert

Lime and Coconut  
Cheesecake


## Wednesday

Great British Roast

### Option 1

Roast  
Pork

### Vegetarian

 Caramelised  
Onion Quiche

### Sides

Roast Potatoes,  
Carrots,  
Green Beans

### Dessert

Pineapple Upside  
Down Cake


## Thursday

World Food Cuisine

### Option 1

Beef  
Chilli

### Vegetarian

 Vegetarian  
Chilli

### Sides

Rice, Tortilla Chips,  
Salsa, Guacamole  
and Sour Cream

### Dessert

Forest Fruit  
Cobbler


## Friday

Fantastic Fish Friday

### Option 1

Harry Ramsden  
Fish

### Vegetarian

 Squashage  
Roll


### Sides

Chips,  
Beans,  
Mushy Peas

### Dessert

Fruit Salad with  
Lime and Mint

Weeks Starting: 18th Sept – 9th Oct – 6th Nov – 27th Nov – 1st Jan – 22nd Jan

 Vegetarian